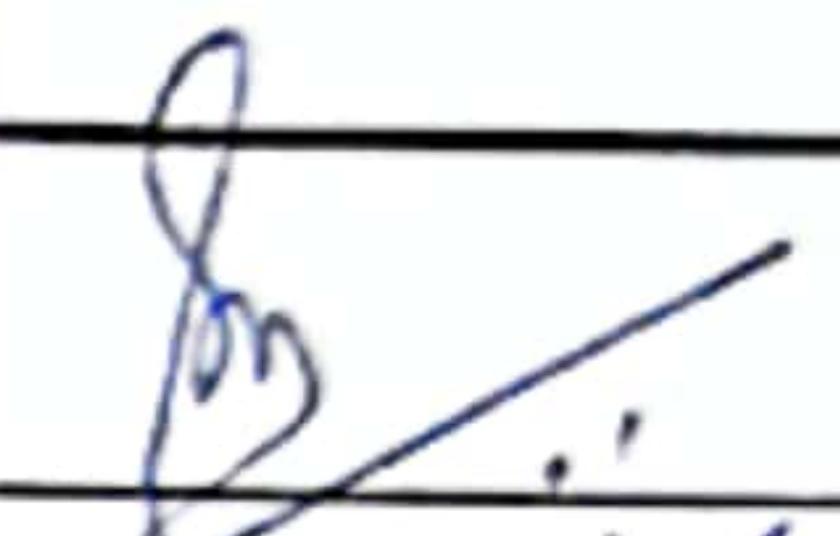
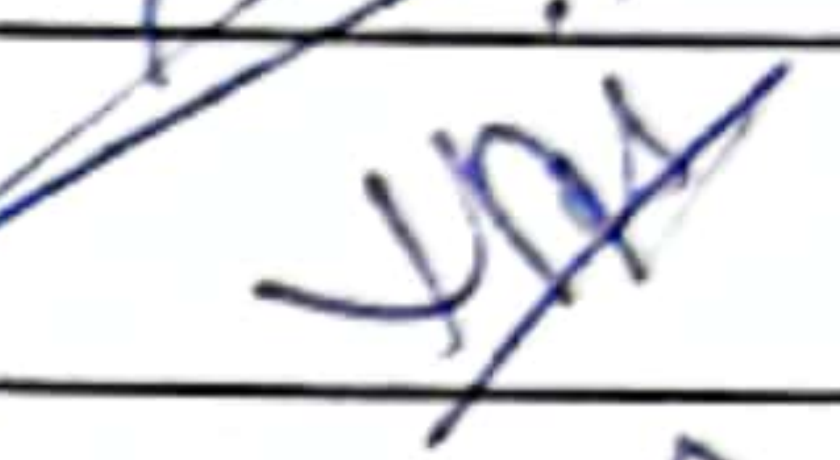
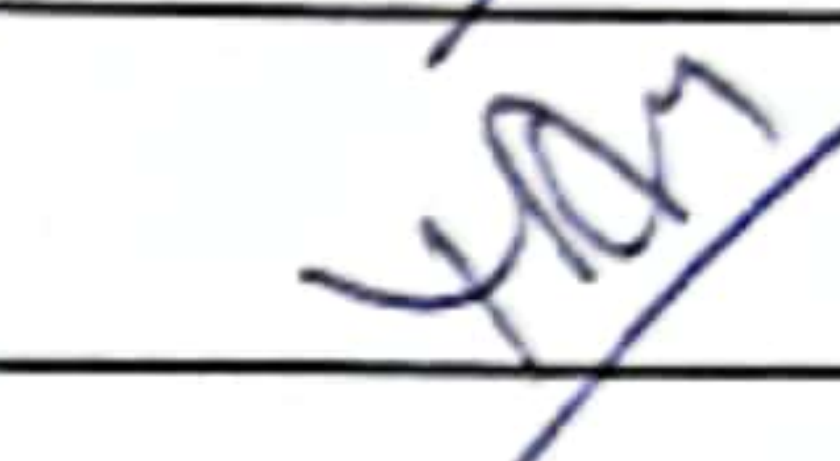
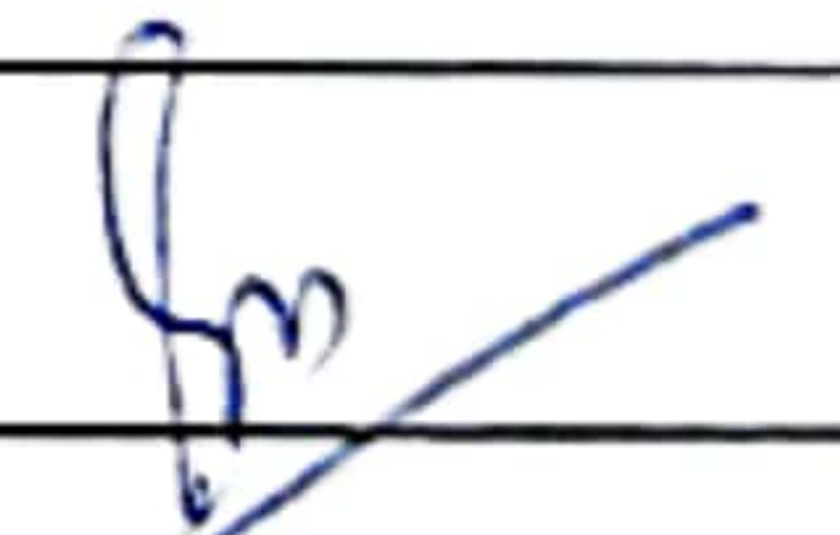


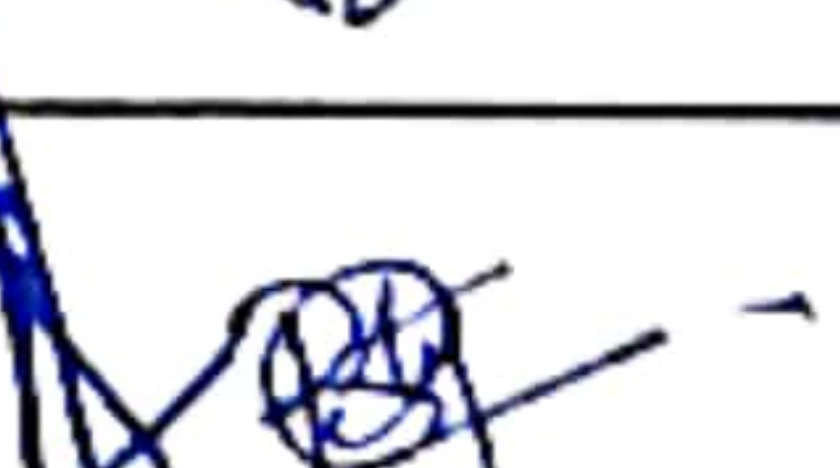

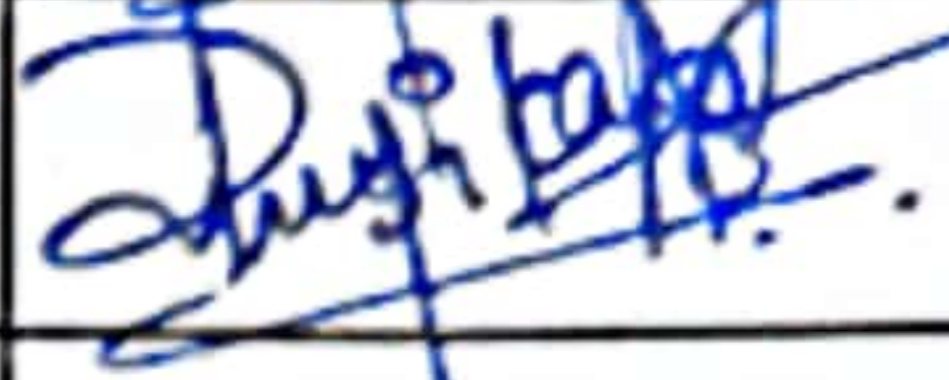



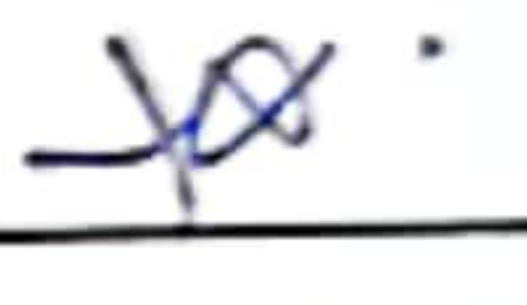


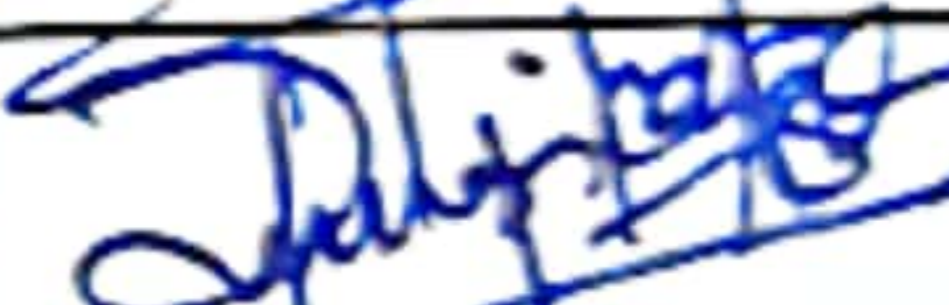

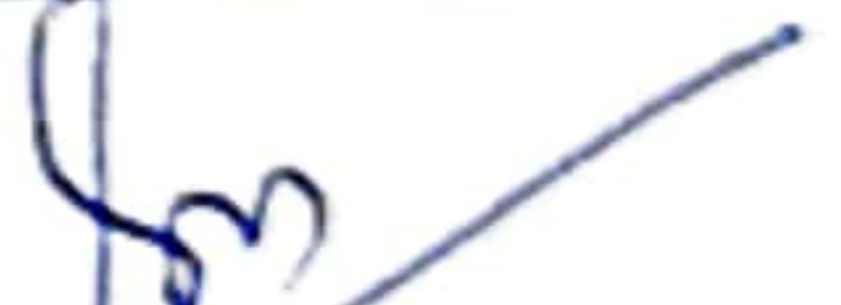





MAEER'S Physiotherapy College, Talegaon Dabhade
 LECTURE PLAN :-1st B.P.Th Regular (Winter 2025)
 DEPARTMENT :- Fund. Of Kinesiology and Kinesiotherapy
 MONTH :Aug 2025

MPC/Kinesio 18/300/2025

SR.NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)	
1	Friday	01-08-2025	9-10 am	Relaxation	Small group Discussion	Dr Snehalata			
2	Saturday	02-08-2025	2-3pm	Resisted Movements	Demonstration	Dr Nilofer			
3	Monday	04-08-2025	3-4 pm	Active Movements	Small group Discussion	Dr Nilofer			
4	Tuesday	05-08-2025	10-11am	FA2 exams					
5	Tuesday	05-08-2025	11-12pm						
6	Tuesday	05-08-2025	12-1pm						
7	Wednesday	06-08-2025	2-3pm						
8	Thursday	07-08-2025	11-12pm						
9	Thursday	07-08-2025	12-1pm						
10	Friday	08-08-2025	9-10 am	Relaxation	Small group Discussion	Dr Snehalata			
11	Friday	08-08-2025	3-4 pm	Reflexes	Didatic	Dr Tanpreet			
12	Monday	11-08-2025	3-4 pm	Active Movements	Small group Discussion	Dr Nilofer			
13	Tuesday	12-08-2025	10-11am	Reflexes	Demonstration	Dr Tanpreet			
14	Tuesday	12-08-2025	11-12pm	Active Movements	Small group Discussion	Dr Nilofer			
15	Tuesday	12-08-2025	12-1pm	Soft Tissue Manuver lower limb	Demonstration	Dr Anuradha/ Dr Ramya / Dr			

16	Wednesday	13-08-2025	2-3pm	Pulse Rate	Demonstration	Dr Deepika		
17	Thursday	14-08-2025	11-12pm	Yoga in supine	Demonstration	Dr Bhagyashree / Dr Deepika		
18	Thursday	14-08-2025	12-1pm	Suspension Lower Limb	Revision	Dr Varoon		
19	Friday	15-08-2025	9-10 am	Holiday				
20	Saturday	16-08-2025	2-3pm	Resisted Movements	Demonstration	Dr Nilofer		
21	Monday	18-08-2025	3-4 pm	Active Movements	Small group Discussion	Dr Nilofer		
22	Tuesday	19-08-2025	10-11am	Reflexes	Demonstration	Dr Tanpreet		
23	Tuesday	19-08-2025	11-12pm	Active Movements	Small group Discussion	Dr Nilofer		
24	Tuesday	19-08-2025	12-1pm	Soft Tissue Manuver lower limb	Demonstration	Dr Anuradha/ Dr Ramya / Dr		
25	Wednesday	20-08-2025	2-3pm	Respiratory Rate	Practical	Dr Deepika		
26	Thursday	21-08-2025	11-12pm	Yoga in supine	Demonstration	Dr Deepika/Dr Bhagyashree		
27	Thursday	21-08-2025	12-1pm	Goniometry Lower limb	Demonstration	Dr Nilofer / Dr Pournima		
28	Friday	22-08-2025	9-10 am	Relaxation	Small group Discussion	Dr Snehalata		
29	Friday	22-08-2025	3-4pm	Reflexes	Demonstration	Dr Tanpreet		
30	Monday	25-08-2025	3-4 pm	Active Movements	Practical	Dr Nilofer		
31	Tuesday	26-08-2025	10-11am	Reflexes	Practical	Dr Tanpreet		
32	Tuesday	26-08-2025	11-12pm	Active Movements	Practical	Dr Nilofer		
33	Tuesday	26-08-2025	12-1pm	Soft Tissue Manuver lower limb	Demonstration	Dr Anuradha/ Dr Ramya / Dr		
34	Wednesday	27-08-2025	2-3pm	Holiday				

36	Thursday	28-08-2025	11-12pm	Yoga in supine	Demonstration	Dr Bhagyashree / Dr Deepika	<i>[Signature]</i>	
	Thursday	28-08-2025	12-1pm	Goniometry Lower limb	Demonstration	Dr Nilofer / Dr Pournima	<i>[Signature]</i>	
37	Friday	29-08-2025	9-10 am	Relaxation	Small group Discussion	Dr Snehalata	<i>[Signature]</i>	
38	Saturday	30-08-2025	2-3pm	Resisted Movements	Demonstration	Dr Nilofer	<i>[Signature]</i>	

[Signature]
Dr. Bindu Sarfare
Kinesiotherapy HOD

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
TEL: 91111-610 5112



[Signature]
29/8/25
Dr. Snehal Ghodey (P.T)

Principal

JR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MPC/Electro -15/302/2025

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE, PUNE

LECTURE PLAN :- 1st year
DEPARTMENT :- Fundamentals of Electrotherapy
MONTH :- AUGUST
BATCH :- Summer 2024-25

YEAR :-2025

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)	
1	Friday	01-08-2025	11-12 pm	Practical revision	Competency Building	Dr. Anuradha			
2	Friday	01-08-2025	12-1 pm	Cryo	Didactic	Dr. Pournima	<i>[Signature]</i>		
3	Saturday	02-08-2025	3-4 pm	Cryo	Didactic	Dr. Pournima	<i>[Signature]</i>		
4	Tuesday	05-08-2025	2-3 pm	Whirlpool	Didactic	Dr. Deepika	<i>[Signature]</i>		
5	Tuesday	05-08-2025	3-4 pm	Whirlpool	Didactic	Dr. Deepika	<i>[Signature]</i>		
6	Wednesday	06-08-2025	3-4 pm	FA II					
7	Thursday	07-08-2025	10-11 am	Whirlpool	Practical	Dr. Deepika	<i>[Signature]</i>		
8	Tuesday	11-08-2025	2-3 pm	Whirlpool	Practical	Dr. Deepika	<i>[Signature]</i>		
9	Tuesday	12-08-2025	3-4 pm	Whirlpool	Practical	Dr. Deepika	<i>[Signature]</i>		
10	Wednesday	13-08-2025	3-4 pm	Cryo	Didactic	Dr. Pournima	<i>[Signature]</i>		
11	Thursday	14-08-2025	10-11 am	IFT	Didactic	Dr. Sayli	<i>[Signature]</i>		
13	Saturday	16-08-2025	3-4 pm	UVR	Competency Building	Dr.Nitin / Dr. Snehalata	<i>[Signature]</i>		
14	Tuesday	19-08-2025	2-3 pm	IFT	Practical	Dr. Sayli	<i>[Signature]</i>		
15	Tuesday	19-08-2025	3-4 pm	IFT	Practical	Dr. Sayli	<i>[Signature]</i>		
16	Wednesday	20-08-2025	3-4 pm	UVR	Practical	Dr.Nitin / Dr. Snehalata	<i>[Signature]</i>		
17	Thursday	21-08-2025	10-11 am	UVR	Practical	Dr.Nitin / Dr. Snehalata	<i>[Signature]</i>		
18	Tuesday	26-08-2025	2-3 pm	IFT OSPE	Competency Building	Dr. Sayli	<i>[Signature]</i>		
19	Tuesday	26-08-2025	3-4 pm	IFT OSPE	Competency Building	Dr. Sayli	<i>[Signature]</i>		
20	Wednesday	27-08-2025	3-4 pm	Holiday					
21	Thursday	28-08-2025	10-11 am	UVR OSPE	Competency Building	Dr.Nitin / Dr. Snehalata	<i>[Signature]</i>		
23	Saturday	30-08-2025	3-4 pm	Cryo	Competency Building	Dr. Pournima	<i>[Signature]</i>		

Dr. Anuradha Sutar
DEPT. IN-CHARGE

30/7/2025
PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
PUNE-410 517



Dr. Snehal Ghodrey
Principal
M.P.P.M. (Musculoskeletal)
PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE