

MAEER'S Physiotherapy College, Talegaon Dabhade  
LECTURE PLAN :-1st B.P.Th Regular ( Winter 2025)  
DEPARTMENT :- Fund. Of Kinesiology and Kinesiotherapy  
MONTH :July2025

SR.NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK IF APPLICABLE)
1	Tuesday	01-07-2025	10-11 am	Derived positions	Small Group Discussion	Dr Divyagana		
2	Tuesday	01-07-2025	11-12 am	Goniometry lower limb	Demonstration	Dr Nilofer		
3	Tuesday	01-07-2025	12-1 pm	Anatomical Pulleys	Didatic	Dr Sumitra		
4	Wednesday	02-07-2025	2-3 pm	Spine goniometry	Didatic	Dr Parita		
5	Thursday	03-07-2025	11-12 pm	Pendulum	Didatic	Dr Sumitra		
6	Thursday	03-07-2025	12-1 pm	Goniometry lower limb	OPSE	Dr Nilofer /Dr Pournima/Dr Ramya		
7	Friday	04-07-2025	9-10 am	Derived positions	Small Group Discussion	Dr Divyagana		
9	Saturday	05-07-2025	2-3pm	Spine goniometry	Didatic	Dr Parita		
10	Monday	07-07-2025	3-4 pm	Passive Movements lower limb	OSPE	Dr Nilofer/Dr Ramya/Dr Anuja		
11	Tuesday	08-07-2025	10-11 am	Derived positions	Small Group Discussion	Dr Divyagana		
12	Tuesday	08-07-2025	11-12 am	Suspension	OSPE	Dr Varoon / Dr Deepika / Dr Shyamli / Dr Sumitra		
13	Tuesday	08-07-2025	12-1 pm					

	Wednesday	09-07-2025	2-3 pm	Spine goniometry	Didatic	Dr Parita	P.N. Kotrus		
15	Thursday	10-07-2025	11-12 pm	Pendulum	PCT	Dr Sumitra			
16	Thursday	10-07-2025	12-1 pm	Goniometry lower limb	OSPE	Dr Nilofer /Dr Pournima/ Dr Ramya			
17	Friday	11-07-2025	9-10 am	Derived positions	Small Group Discussion	Dr Divyagana			
19	Friday	11-07-2025	3-4pm	Joint design and concave - convex rule	Didatic	Dr Sumitra			
20	Monday	14-07-2025	3-4 pm	Passive Movements lower limb	OSPE	Dr Nilofer/Dr Ramya/Dr Anuja			
21	Tuesday	15-07-2025	10-11 am	Practical FA2					
22	Tuesday	15-07-2025	11-12 am						
23	Tuesday	15-07-2025	12-1 pm						
24	Wednesday	16-07-2025	2-3 pm	Practical FA2					
25	Thursday	17-07-2025	11-12 pm	Practical FA2					
26	Thursday	17-07-2025	12-1 pm						
27	Friday	18-07-2025	9-10 am	Derived positions	Small Group Discussion	Dr Divyagana			
29	Saturday	19-07-2025	2-3pm	Spine goniometry	Demonstration	Dr Parita	P.N. Kotrus		
30	Monday	21-07-2025	3-4 pm	Passive Movements lower limb	Small Group Discussion	Dr Nilofer/Dr Ramya			
31	Tuesday	22-07-2025	10-11 am	Theory FA2					
32	Tuesday	22-07-2025	11-12 am						
33	Tuesday	22-07-2025	12-1 pm	Derived positions	Small Group Discussion	Dr Divyagana			
34	Wednesday	23-07-2025	2-3 pm	Theory FA2					

	Thursday	24-07-2025	11-12 pm	Theory FA2			
	Thursday	24-07-2025	12-1 pm	Goniometry lower limb	Didatic	Dr Nilofer /Dr Pournima	<i>[Handwritten signatures]</i>
37	Friday	25-07-2025	9-10 am	Derived positions	Small Group Discussion	Dr Divyagana	<i>[Handwritten signature]</i>
39	Friday	25-07-2025	3-4pm	Concave convex rule	PCT	Dr Sumitra	<i>[Handwritten signature]</i>
40	Monday	28-07-2025	3-4pm	Passive Movements lower limb	Small Group Discussion	Dr Nilofer/Dr Ramya	<i>[Handwritten signature]</i>
41	Tuesday	29-07-2025	10-11 am	Derived positions	Small Group Discussion	Dr Divyagana	<i>[Handwritten signature]</i>
42	Tuesday	29-07-2025	11-12 am	Resisted movements	Didatic	Dr Nilofer	<i>[Handwritten signature]</i>
43	Tuesday	29-07-2025	12-1 pm	Soft Tissue Manuevers	Didatic	Dr Anuradha/ Dr Ramya /Dr Shyamli	<i>[Handwritten signature]</i>
44	Wednesday	30-07-2025	2-3 pm	Yoga asanas in supine	Didatic	Dr Deepika / Dr Bhagyashree	<i>[Handwritten signature]</i>
45	Thursday	31-07-2025	11-12 pm	Shoulder Joint	Didatic	Dr Parita	<i>[Handwritten signature]</i>
46	Thursday	31-07-2025	12-1 pm	Goniometry lower limb	Didatic	Dr Nilofer /Dr Pournima	<i>[Handwritten signatures]</i>

*[Handwritten signature]*  
Dr. Bindu Sarfare

Kinesiotherapy HOD  
**PROFESSOR**  
MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE,  
PUNE-410 507



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30/6/20

Dr. Snehal Ghodey (P.T)  
Principal  
**DR. SNEHAL GHODEY**  
M.Ph.T. (Musculoskeletal)  
Principal  
MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE

**MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE, PUNE**

LECTURE PLAN :- 1st year

DEPARTMENT :- Fundamentals of Electrotherapy

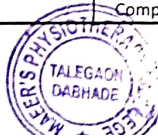
MONTH :- JULY

YEAR :- 2025

BATCH :- Summer 2024-25

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK ( IF APPLICABLE)
1	Tuesday	01-07-2025	2-3 pm	PWB	Competency Building	Dr. Pournima		
2	Tuesday	01-07-2025	3-4 pm	TENS	Practical	Dr. Sumitra		
3	Wednesday	02-07-2025	3-4 pm	TENS	Practical	Dr. Sumitra		
4	Thursday	03-07-2025	10-11 am	OSPE Laser / PWB	Competency Building	Dr. Pournima / Dr. Deepika		
5	Saturday	05-07-2025	3-4 pm	OSPE Contrast bath	Competency Building	Dr. Ramya		
6	Tuesday	08-07-2025	2-3 pm	OSPE Contrast bath	Competency Building	Dr. Ramya		
7	Tuesday	08-07-2025	3-4 pm	TENS OSPE	Competency Building	Dr. Sumitra		
8	Wednesday	09-07-2025	3-4 pm	Pain Gate theory	Didactic	Dr. Sumitra		
9	Thursday	10-07-2025	10-11 am	OSPE Laser	Competency Building	Dr. Deepika		
10	Tuesday	15-07-2025	2-4 pm		FA II			
11	Wednesday	16-07-2025	3-4 pm		FA II			
12	Thursday	17-07-2025	10-11 am		FA II			
13	Saturday	19-07-2025	3-4 pm		FA II			
14	Tuesday	22-07-2025	2-4 pm		FA II			
15	Wednesday	23-07-2025	3-4 pm		FA II			
16	Thursday	24-07-2025	10-11 am		FA II			
17	Tuesday	29-07-2025	2-3 pm	UVR	Competency Building	Dr. Nitin		
18	Tuesday	29-07-2025	3-4 pm	UVR	Competency Building	Dr. Nitin		
19	Wednesday	30-07-2025	3-4 pm	PWB	Competency Building	Dr. Pournima		
20	Thursday	31-07-2025	10-11 am	PWB	Competency Building	Dr. Pournima		

Dr. Anuradha Sutar  
DEPT. IN-CHARGE  
PROFESSOR  
MAEER'S PHYSIOTHERAPY COLLEGE



Dr. Snehal Ghodey  
PRINCIPAL  
DR. SNEHAL GHODEY  
M.Ph.T. (Musculoskeletal)  
Principal  
11/7/2025