

**MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE, PUNE**

MPC/3rd yr - 26/312/2025

LECTURE PLAN :-

DEPARTMENT :- FDPS

MONTH :- August- 2025

BATCH :- Regular Batch + odd batch

YEAR :- 2025

SR. NO	DATE	Day	TIME	Topic	Participative methodology	Mode of Teaching	Name of the faculty	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	04-08-2025	monday	2-3pm	Shoulder special test	Small Group Discussion	Practical	Dr. Parita	<i>P. Parita</i>	
2	04-08-2025	monday	3-4pm	Shoulder special test	Small Group Discussion	Practical	Dr. Parita	<i>P. Parita</i>	
3	05-08-2025	tuesday	2-3pm	Physiological response to Immobility & Inactivity	Didactic/ Group Discussion	Practical	Dr Ramya Shetty	<i>R. Shetty</i>	
4	05-08-2025	tuesday	3-4pm	Brunnstorm	Clinical Demonstration + Skill based learning	Practical	Dr. Nilofer	<i>N. Nilofer</i>	
5	06-08-2025	wednesday	10-11 am	NTM upper limb	Small Group Discussion	Practical	Dr. Bhagyashree	<i>B. Bhagyashree</i>	
6	06-08-2025	wednesday	2-3pm	Lower limb maitland	Small Group Discussion	Practical	Dr Neetu	<i>N. Neetu</i>	
7	06-08-2025	wednesday	3-4pm	MRP	Clinical Demonstration + Skill based learning	Practical	Dr. Sayli	<i>S. Sayli</i>	
8	07-08-2025	Thursday	9-10 am	Brunnstorm	Clinical Demonstration + Skill based learning	Practical	Dr. Nilofer	<i>N. Nilofer</i>	
9	07-08-2025	Thursday	2-4pm	Ankle special test	Small Group Discussion	Practical	Dr. Snehalata	<i>S. Snehalata</i>	
10	08-08-2025	Friday	2-3pm	PNF	Clinical Demonstration + Skill based learning	Practical	Dr. Sumitra	<i>S. Sumitra</i>	
11	08-08-2025	Friday	3-4pm	Ankle special test	Small Group Discussion	Practical	Dr. Snehalata	<i>S. Snehalata</i>	
12	11-08-2025	monday	2-3pm	MFR	Small Group Discussion	Practical	Dr. Bindu	<i>B. Bindu</i>	
13	11-08-2025	monday	3-4pm	MFR	Didactic	Theory	Dr. Bindu	<i>B. Bindu</i>	
14	12-08-2025	tuesday	2-3pm	Tests for Arterial Disorders	Case Based Learning/ Demonstration/ Group Discussion	Theory	Dr Pournima Pawar	<i>P. Pawar</i>	
15	12-08-2025	tuesday	3-4pm	NCV	Didactic	Theory	Dr. Nilofer	<i>N. Nilofer</i>	
16	13-08-2025	wednesday	10-11 am	Shoulder special test	Didactic	Theory	Dr. Parita	<i>P. Parita</i>	
17	13-08-2025	wednesday	2-3pm	Lower limb maitland	Small Group Discussion	Practical	Dr Neetu	<i>N. Neetu</i>	
18	13-08-2025	wednesday	3-4pm	MRP	Clinical Demonstration + Skill based learning	Practical	Dr. Sayli	<i>S. Sayli</i>	
19	14-08-2025	thursday	9-10 am	PNF	Clinical Demonstration + Skill based learning	Practical	Dr. Sumitra	<i>S. Sumitra</i>	
20	14-08-2025	thursday	2-4pm						
21	16-08-2025	saturday	2-3 pm	Mackenzie	Small Group Discussion	Practical	Dr. Snehalata	<i>S. Snehalata</i>	
22	16-08-2025	saturday	3-4pm	geriatric assessment	Didactic	Theory	Dr. Anuja	<i>A. Anuja</i>	

23	18-08-2025	monday	2-3pm	Shoulder special test	Small Group Discussion	Practical	Dr. Parita	<i>P. N. Korwat</i>	
24	18-08-2025	monday	3-4pm	MFR	Small Group Discussion	Practical	Dr. Bindu	<i>Dr. Bindu</i>	
25	19-08-2025	tuesday	2-3pm	Tests for Venous & Lymphatic Disorders	Case Based Learning/ Demonstration/ Group Discussion	Practical	Dr Pournima Pawar	<i>P. N. Korwat</i>	
26	19-08-2025	tuesday	3-4pm	NCV	Didactic	Theory	Dr. Nilofer	<i>Dr. Nilofer</i>	
27	20-08-2025	wednesday	10-11 am	Lower limb Kaltenborn	Small Group Discussion	Practical	Dr. Parita	<i>P. N. Korwat</i>	
28	20-08-2025	wednesday	2-3pm	Lower limb maitland	Small Group Discussion	Practical	Dr Neetu	<i>Dr. Neetu</i>	
29	20-08-2025	wednesday	3-4pm	MRP	Clinical Demonstration + Skill based learning	Practical	Dr. Sayli	<i>Dr. Sayli</i>	
30	21-08-2025	thursday	9-10 am	PNF	Clinical Demonstration + Skill based learning	Practical	Dr. Sumitra	<i>Dr. Sumitra</i>	
31	21-08-2025	thursday	2-4pm	Case presentation					
32	22-08-2025	Friday	3-4pm	Maitland	Small Group Discussion	Practical	Dr. Bhagyashree	<i>Dr. Bhagyashree</i>	
33	22-08-2025	Friday	2-3 pm	PNF	Clinical Demonstration	Practical	Dr. Sumitra	<i>Dr. Sumitra</i>	
34	25-08-2025	monday	2-3pm	Mackenzie	Small Group Discussion	Practical	Dr. Snehalata	<i>Dr. Snehalata</i>	
35	25-08-2025	monday	3-4pm	MFR	Small Group Discussion	Practical	Dr. Bindu	<i>Dr. Bindu</i>	
36	26-08-2025	tuesday	2-3pm	Breath Holding Tests	Case Based Learning/ Demonstration/ Group Discussion	Practical	Dr Deepika Burman	<i>Dr. Deepika Burman</i>	
37	26-08-2025	tuesday	3-4pm	NCV	Didactic	Theory	Dr. Nilofer	<i>Dr. Nilofer</i>	
38	27-08-2025	wednesday	2-4pm	Holiday					
39	28-08-2025	thursday	9-10 am	NCV	Didactic	Theory	Dr. Nilofer	<i>Dr. Nilofer</i>	
40	28-08-2025	thursday	2-4pm	Case Presentation					
41	29-08-2025	friday	2-3pm	PNF	Clinical Demonstration	Practical	Dr. Sumitra	<i>Dr. Sumitra</i>	
42	29-08-2025	friday	3-4pm	NTM Upper limb	Small Group Discussion	Practical	Dr. Bhagyashree	<i>Dr. Bhagyashree</i>	
43	30-08-2025	saturday	2-3pm	Lower limb Kaltenborn	Small Group Discussion	Practical	Dr. Parita	<i>P. N. Korwat</i>	
44	30-08-2025	saturday	3-4pm	Industrial assessment	didactic	Theory	Dr. Nitin Nikhade	<i>Nikhade</i>	

Neetu
Dr. Neetu Mahapatra
Class Incharge

PROFESSOR
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Snehal Ghodey
4/8/2025
Dr Snehal Ghodey
Principal

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
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