

MPC/3rd yr -22/276/2025

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE, PUNE

LECTURE PLAN :-

DEPARTMENT :- FDP5

MONTH :- July- 2025

BATCH :- Regular Batch

YEAR :- 2025

SR. NO	DATE	Day	TIME	Topic	Participative methodology	Mode of Teaching	Name of the faculty	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)	
1	01-07-2025	tuesday	2-3pm	6 Minute walk test	Demonstration / Group Discussion	Practical	Dr Ramya Shetty			
2	01-07-2025	tuesday	3-4pm	Brunnstorm	Clinical Demonstration	Practical	Dr. Nilofer			
3	02-07-2025	wednesday	10-11 am	Mackenzie	Didactic	Theory	Dr. Snehalata			
4	02-07-2025	wednesday	2-3pm	Maitland wrist joint	Small Group Discussion	Practical	Dr Neetu			
5	02-07-2025	wednesday	3-4pm	Roods	Clinical Demonstration	Practical	Dr. Tanpreet			
6	03-07-2025	Thursday	2-4pm	Case Presentation						
7	04-07-2025	Friday	2-3pm	PNF	Clinical Demonstration	Practical	Dr. Sumitra			
8	04-07-2025	Friday	3-4pm	NTM Lower limb	Small Group Discussion	Practical	Dr. Bhagyashree			
9	05-07-2025	Saturday	2-3pm	Mackenzie	Didactic	Theory	Dr. Snehalata			
10	05-07-2025	Saturday	3-4pm	obesity assessment	Small Group Discussion	Practical	Dr. Shyamali		Exchanged with Dr. Parita on 9th July	
11	07-07-2025	monday	2-3pm	Mackenzie	Didactic	Theory	Dr. Snehalata			
12	07-07-2025	monday	3-4pm	cervical special test	Small Group Discussion	Practical	Dr. Bindu			
13	08-07-2025	tuesday	2-3pm	electrocardiography	Small Group Discussion	Practical	Dr. Varoon			
14	08-07-2025	tuesday	3-4pm	Brunstrom	Clinical Demonstration	Practical	Dr. Nilofer			
15	09-07-2025	wednesday	10-11 am	Kaltenborn Upper Limb	Small Group Discussion	Practical	Dr. Parita			
16	09-07-2025	wednesday	11-12 am	6 Minute walk test	Demonstration / Group Discussion	Practical	Dr Ramya Shetty			
17	09-07-2025	wednesday	2-3pm	Maitland wrist joint	Small Group Discussion	Practical	Dr Neetu			
18	09-07-2025	wednesday	3-4pm	Roods	Clinical Demonstration	Practical	Dr. Tanpreet			
19	10-07-2025	Thursday	2-4 pm	Case Presentation						
20	11-07-2025	Friday	2-3pm	PNF	Clinical Demonstration	Practical	Dr. Sumitra			
21	11-07-2025	Friday	3-4pm	NTM Lower limb	Small Group Discussion	Practical	Dr. Bhagyashree			
22	14-07-2025	monday	2-3pm	Kaltenborn Upper Limb	Small Group Discussion	Practical	Dr. Parita			
23	14-07-2025	monday	3-4pm	cervical special test	Small Group Discussion	Practical	Dr. Bindu			
24	15-07-2025	tuesday	2-3pm	electrocardiography	Small Group Discussion	Practical	Dr. Varoon			
25	15-07-2025	tuesday	3-4pm	Brunstrom	Clinical Demonstration	Practical	Dr. Nilofer			
26	16-07-2025	wednesday	10-11 am	Mackenzie	Didactic	Theory	Dr. Snehalata			
27	16-07-2025	wednesday	2-3 pm	Maitland	Small Group Discussion	Practical	Dr Neetu			

28	16-07-2025	wednesday	3-4pm	Roods	Clinical Demonstration	Practical	Dr. Tanpreet	
29	17-07-2025	Thursday	2-4 pm		Case Presentation			
30	18-07-2025	friday	2-3 pm	PNF	Clinical Demonstration	Practical	Dr. Sumitra	
31	18-07-2025	friday	3-4pm	NTM Lower limb	Small Group Discussion	Practical	Dr. Bhagyashree	
32	19-07-2025	saturday	2-3 pm	Mackenzie Revision	Small Group Discussion	Practical	Dr. Snehalata	
33	19-07-2025	saturday	3-4pm		CME cardio Department			
34	21-07-2025	monday	2-3pm	shoulder special test	Small Group Discussion	Practical	Dr. Parita	
35	21-07-2025	monday	3-4pm	Lumbar special test	Small Group Discussion	Practical	Dr. Bindu	
36	22-07-2025	tuesday	2-3pm	Breath Holding Tests	Case Based Learning/ Demonstration	Practical	Dr Deepika Burman	
37	22-07-2025	tuesday	3-4pm	PNF	Clinical Demonstration	Practical	Dr. Sumitra	
38	Terminal exam from 23rd July to 28th July							
39	29-07-2025	tuesday	2-3pm	Breath Holding Tests	Case Based Learning/ Demonstration	Practical	Dr Deepika Burman	
40	29-07-2025	tuesday	3-4pm	PNF	Clinical Demonstration	Practical	Dr. Sumitra	
41	30-07-2025	wednesday	10-11 am	Mackenzie	Didactic	Theory	Dr. Snehalata	
42	30-07-2025	wednesday	2-3 pm	Maitland lower limb	Small Group Discussion	Practical	Dr Neetu	
43	30-07-2025	wednesday	3-4pm	PNF	Clinical Demonstration	Practical	Dr. Sumitra	
44	31-07-2025	thursday	2-4 pm		Case Presentation			

f. p. n. k. Mahapatra
 Dr. Neetu Mahapatra
 Class Incharge



A. Ghodey
 7/7/2025
 Dr Snehal Ghodey
 Principal
DR. SNEHAL GHODEY
 M.Ph.T. (Musculoskeletal)
 Principal
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