

MAEER's Physiotherapy College, Talegaon Dabhade
Activities /Camps by different departments of Physiotherapy

| Sr No | Name Of the Activity | Nature of activity | Organizing Dept. | Date and Time | Venue | No of Days | No Of Participants | Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions) |
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| 1 | Savitribai Phule Jayanti celebration | Savitribai Phule jayanti celebration by student council | MAEER's MIT PUNE Physiotherapy College Talegaon Dabhade | 03/01/2024 10.30 am to 11.30 am | MIMER Medical College porch Talegaon Dabhade | 01 | 25 | MAEER's MIT PUNE Physiotherapy College in collaboration with MIMER Medical College Talegaon Dabhade had conducted Savitribai Phule Jayanti celebration on 3rd January 2024 at college porch. The program had student speech and poetry on Savitribai's life journey and fight for female education. 25 first year BPTH students attended the program. Dr Snehal Ghodey along with other faculties attended the program |
| 2. | National Voters Day celebration | National Voters Day celebration | MAEER's MIT PUNE Physiotherapy College Talegaon Dabhade | 26/01/2024 12 pm to 1 pm | MAEER MIT Pune's Physiotherapy college (1 st year BPTH classroom) | 01 | Total 90 staff and students | The National Voters Day celebration 2024 was an awareness program by the youth for the youth. Dr. Tanpreet Kaur and 1 st year MPT students organized an awareness session for the students and staff, it started with an introductory speech by Dr.Tanpreet & Students, followed by "Right to Vote" awareness reel was circulated on social media an awareness Google form which constituted the question to increase the knowledge related to voting was circulated among the students appreciated the event. |
| 3. | Republic Day Celebration | Gathering for flag unfurling | Administration | 26/1/2024 9:00am onwards | Amphitheatre, MIMER Medical College lawns | 01 | All students and teachers | On occasion of Republic Day, the college administration department in association with MIMER Medical College organized an event for unfurling the Indian National flag on 26 th January 2024. The event started with gathering of all staff members and students followed by introductory remarks by Dr Snehal Ghodey ma'am. This was followed by unfurling of the Indian National flag by Dr Tanvi Kushe (Chief guest, Student topper, 4 th BPTH). Dr Tanvi Kushe then gave a speech and motivated her juniors. Dr Neetu Mahapatra (Professor & HOD) was the faculty speaker who gave an outstanding speech on importance of republic day. Dr Suchitra Nagare ma'am |

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| | | | | | | | | (Executive Director) addressed the crowd with her kind words. The entire event was anchored by Dr Ramya Shetty (Asst professor) and vote of thanks was given by Dr Priya Karmani (Asso professor, dept of Obs& Gyn). The entire event was planned and organized by Dr Sayli Paldhikar & Dr Priya Chitre under Dr Snehal Ghodey ma'am's supervision and coordinated by Dr Ramya Shetty. |
| 4 | World Cancer Day | World Cancer Day | Community Physiotherapy Department | 05/02/2024 , 11:00 am to 12:00 pm | MERA GHAR Geriatric home, Kamshet | 01 | 10 | The Community Physiotherapy Department of Maaer's Physiotherapy along organized a Health talk on the occasion of World Cancer Day on 5 th February 2024. Health talk was given by Shruti Brahme (Intern) explaining the Cancer and its causes, symptoms. She also explained about different types of cancer such as Breast cancer, Cervical cancer, etc. Then the benefits of exercise and the preventive measures to be taken was explained by Dr. Ashima (MPT-1). Then thank you speech was given and the talk was concluded. |
| 5. | World Obesity Day | Assessment camp on the occasion of World Obesity Day | Community Physiotherapy Department | 16/02/2024 11:00 am to 1:00 pm | Urban Health Centre, Talegaon Dabhade | 01 | 34 | The Community Physiotherapy Department of Maaer's Physiotherapy along with the Community Medicine department of MIMER medical college and HOPE Foundation organized an obesity assessment camp on the occasion of World Obesity Day on 16 th February 2024. Awareness talk was given by Dr. Ashlesha (community medicine department) about the health risks of obesity and importance of balanced diet, followed by Dr. Sakshi Deshmukh (MPT1) explaining about Obesity, its causes and negligence among the female population and symptoms, and strategies to maintain optimum weight. Assessment session was started from 11:30 in which Pap smear test, blood test and screening for obesity was done. Demonstration of exercises and nutritional advice was started simultaneously. Then thank you speech was given and the talk was concluded. |

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| 6 | Chhatrapati Shivaji Maharaj Jayanti | Cultural program | Students Council | 19 th February 2024 Monday 11:00 am | MIMER Medical College Porch | 01 | All students & teachers | On occasion of Chhatrapati Shivaji Maharaj Jayanti the student council of MAEER MIT Pune's Physiotherapy College organized a cultural program on 19 th February 2024. This program started with outstanding speeches by students depicting the greatness of Maratha Warrior King, Chhatrapati Shivaji Maharaj. This was followed by group singing by the students. the whole environment was filled with pride on this day. |
| 7. | Disability day | Multispecialty Medical Camp | Neuro physiotherapy Department of MAEER MIT PUNE'S Physiotherapy College | 20/2/2024 | MIMER Medical College | 01 | 13 | Under the policy of Inclusive education through Samagra Shiksha Abhiyan MIMER Medical college and MAEER's Physiotherapy College in association with Panchayat Samiti conducted a free medical health checkup plan for the children with disabilities. 2 MPT Students and 1 faculty member is provided for the camp. Around 13 children were evaluated and treated for various disabilities like Cerebral Palsy, Infantile Hemiparesis, Down's syndrome, Multiple sclerosis by the physiotherapist. |
| 8. | Marathi Bhasha Divas | Cultural program | Students Council | 27 th February, 2024, Tuesday | Electrotherapy Core Lab, 2 nd Floor, Dr BSTR Hospital | 01 | 120 | On occasion of Marathi Bhasha Divas, the 3rd year BPTH students organized a cultural event to celebrate the richness of Marathi language and culture. The 1 st year and 4 TH year BPTH students performed group singing, duet singing, solo singing in Marathi language. 1 st year & 3 rd year BPTH students gave speech on the importance of Marathi language. 3 rd year BPTH students performed skit on importance of preserving Marathi language and being proud of it. The teachers came in traditional Marathi attire and everyone looked beautiful, wearing beautiful chandrakors. The event was organized under the supervision of Dr Snehal Ghodey ma'am and Dr Sayli Paldhikar ma'am; facilitated by Dr Ramya Shetty. |

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| 9. | Campus Interview | Online interview process | Placement cell MAEER's Physiotherapy College | 9/3/23 1:30pm | MPT classroom 2 nd floor MAEER's Physiotherapy College | 01 | 08 | Dr Dipti Shah (neuro physiotherapist) Sneh Pediatric Rehabilitation discussed with Dr Snehal Ghodey Principal MAEER'S Physiotherapy College & Dr Bindu Sarfare for the permission to conduct campus interview for interns. They had e-mailed their online interview schedule for 9 th March 2024 at 2:00 pm. Dr Sumitra introduced Dr. Dipti Shah. 8 interns attended the lecture on introduction and working process of Sneh Pediatric rehabilitation center Mumbai. Interns gave interview one to one basis which were conducted by Dr Dipti. She also gave them an overview of other courses available. The selected candidates name will be mailed to Principal. |
| 10. | Campus Interview | Online interview process for candidates | Placement cell MAEER's Physiotherapy College | 13/3/23 2:00pm | B.P.Th Classroom, 2 nd Floor, MAEER's Physiotherapy College | 01 | 08 | New Horizon conducted an online interview on 15th march 2024 at 2pm. 8 interns attended the campus placement. Dr Madura Dr Shagufta and HR A team of 3 people were present. Dr Sumitra welcomed everyone and introduced the team of NEW HORIZON. Dr Madhura gave an overview of the process of working of New Horizon and their branches. Dr Shagufta Alumna also spoke about her experience of working in New Horizon. one to one interview was conducted online for 8 candidates. Dr Madhura will email the list of chosen candidates to the principal. The session ended on a positive note. |

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| 11. | Campus Interview | Online interview process for candidates | Placement cell MAEER's Physiotherapy College | 15/3/23 1:30pm | MPT Classroom, 2 nd Floor, MAEER's Physiotherapy College | 1 | 33 | Dr. Shagun Gala a physiotherapist at Healyos Home Care, discussed with Dr. Snehal Ghodey Principal MAEER'S Physiotherapy College & Dr. Bindu Sarfare for the permission to conduct campus interview for outgoing interns. They had e-mailed their interview schedule for 15 th March 2024 at 12:30pm. Dr Bindu Sarfare introduced Dr. Shagun Gala. 33 interns attended an interactive session on the introduction, working process of Healyos and clinical applications in various conditions. Interns interested to give interview filled out an offline form. A one to one interview was conducted by Dr. Shagun Gala, Dr Faisal and 2 others . The selected candidates name will be mailed to the principal. |
| 12. | Pinkathon | 3 km marathon for females | Department of Musculoskeletal Physiotherapy. | 31 st March, 2024 7 am | Maruti mandir Chowk, Talegaon Dabhade | 01 | Total no of participants: 800 Beneficiaries: 37 | Pinkathon is a 3.5 km marathon event which was organized by Rotary Club of Talegaon Dabhade. The members of the club approached Dr. Snehal Ghodey, Principal, MAEER MIT Pune's Physiotherapy college and Dr. Bindu Sarfare, Professor Department of musculoskeletal Physiotherapy a week prior to the event seeking physiotherapy medical support during the event. Total 4 physiotherapists were appointed for the marathon. They reported at Maruti mandir Talegaon at around 6: 30am where they were provided with the required materials and first aid kits. The marathon started at 7: 15am. There were 2 physiotherapists in the ambulance for any assistance for injury during the marathon.2 physiotherapists were appointed at the end point of the marathon. There were more than 800 participants for the event. Out of which 37 individuals were benefitted by physiotherapy service. Common injuries found were calf cramps, Ankle sprain, Hamstring Strain & fall during marathon. Treatment provided was Icing, stretching, wound dressing & bandaging. |

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| 13 | World Parkinson Day | Critical appraisal of recent advances of journal article on Parkinson disease & evidence based practice | Department of Neurology Physiotherapy | 9 th May 2024 | 4 th year classroom and Neuro Physiotherapy OPD | 01 | 12 PG Students | The Parkinson's day was celebrated with a critical appraisal of recent advances of journal article on Parkinson's disease & presentation of evidence-based practice activity. The topics were divided amongst 1 st year and 2 nd year PG students. The 1 st year PG students presented the journal club on Parkinson's disease. The 2 nd year PG students demonstrated the evidence-based practice and techniques used in the rehabilitation of these patients. This session ended with a good initiative and interaction in students with enhancement of knowledge on recent advances. |
| 14 | WORLD CLUB FOOT DAY | Social awareness video | Department of Musculoskeletal Physiotherapy, MAEER MIT Pune's physiotherapy College, Talegaon Dabhade. | 3 rd June, 2024 | Online | 01 | General population | MAEER MIT Pune's physiotherapy College, Talegaon Dabhade celebrated World Club Foot Day 2024 by creating awareness about club foot, early diagnosis and importance of physiotherapy rehabilitation via informative video. This video was posted on social media account of college and on WhatsApp status of all staff members and students of Musculoskeletal Physiotherapy department on 3 rd June 2024. |

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| 15 | International Yoga Day | Health Talk & Yoga demonstration along with its benefits | Department of Community Physiotherapy, | 21 st June 2024, 11:00 am to 12:00 pm | Urban Health Center, Talegaon Dabhade | 01 | 17 | The Community Physiotherapy Department of MAEER MIT PUNE's Physiotherapy College Talegaon Dabhade organized a Health talk & yoga demonstration on the occasion of International Yoga Day on 21 st June 2024. A health talk was given by Dr. Sonal Biyani (MPT-2) explaining the importance of yoga and its benefits on health. Later the yoga poses were demonstrated by Priyanka Sirsewad (Intern) such as standing yoga (Tadasana, Vrikshasana), supine yoga (Halasana, Pawanmuktasana), sitting yoga (Gomukhasana, Paschimottanasana) and prone yoga (Dhanurasana, Bhujangasana). Along with the demonstration the benefits of each yoga pose were explained. |
| 16 | International Yoga Day | Health Talk & Yoga demonstration along with its benefits | Department of Community Physiotherapy, | 21 st June 2024, 11:00 am to 12:00 pm | Rural Health Center, Talegaon Dabhade | 01 | 15 | The community physiotherapy department of MAEER MIT PUNE's physiotherapy college Talegaon Dabhade organized a Health Talk and Yoga demonstration event on the occasion of International Yoga Day. Our 1 st year Mpt student Dr. Snehal Sharma gave a health talk mentioning this year's theme of Yoga Day, the history of starting International Yoga Day, and the benefits of regular practice of yoga. Further, our intern Harshal Patel demonstrated the yoga poses in supine, prone, standing, and sitting with instruction. The benefits of each pose were also described while performing the poses. |

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| 17 | Shiv-Rajyabhishek | Cultural programme | Students Council | 6 th June 2024 Thursday | MIMER Medical College Porch | 1 | All students & teachers | On occasion of Chhatrapati Shivaji Maharaj Rajyabhishek Divwas, the student council of MAEER MITPune's Physiotherapy College organised a cultural programme on 19 th February 2024. This programme started with outstanding speeches by students depicting the greatness of Maratha Warrior King, Chhatrapati Shivaji Maharaj. This was followed by group singing by the students. |
| 18 | MUHS Foundation Day | Gathering for flag unfurling | Administration | 10am 10/06/2024 | 1 st floor office bldg., MIMER Medical College | 1 | All students and teachers | On occasion of MUHS foundation day 2024, the teachers of MAEER MIT punes physiotherapy college and MIMER Medical college gathered for unfurling of MUHS flag followed by anthem. It was a proud moment for everyone to be a part if this esteemed university. |

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| 19 | Alumni Activity | ALUMNI ASSOCIATION GUEST LECTURE on "Different career pathways in health care management " by Dr Namrata Navge | Students Alumni Association of MAEER MIT PUNE's Physiotherapy College Talegaon Dabhade | 27 TH June 2024 | Guest lecture with PPT Presentation and Question /Answer Session along Online for alumni on zoom | 01 | 93 participants joined us online | The Guest lecture was organized on 26 th June 2024 at 9:30 am to 10:30 am. The ZOOM link was shared with the Alumnus along with the flyer . TheAlumni association activity was started with welcome by Dr Sumitra Sakhawalkar member Students Alumni Association giving a brief Outline about the formation of Alumni Association and its activities of the past 2 years and about the Alumni meet organized in 2019. Then Dr Bindu Sarfare Member secretary Students Alumni Association introduced the speaker for the Guest lecture our own Alumna Dr Namrata Navge . She started her lecture by introducing herself with her hobbies and her family . She then showed a career graph of her plans for future goals for herself . her lecture emphasized on different career pathways , different healthcare schemes and government policies in USA . Dr Namrata shared via PPT presentation the insight on education skills sets , data analysis and use of AI in patient care . This was followed by Question Answer session with Dr Namarata clearing the doubts of young physiotherapy students . The session ended with E -memento and E-certificate as a token of appreciation. Vote of thanks given by Dr Sumitra Sakhawalkar. |
| 20 | Speech for Ergonomics for nursing | Guest Lecture | | 05/09/24 | Sushrut hall, first floor, MIMER Medical College, Talegaon Dabhade | 01 | 100 | On occasion of nurses week, nursing faculty invited Dr.Nitin Nikhade & Dr. Anuradha Sutar to deliver a lecture on physical fitness and ergonomics for nurses. In which they have explained the what are the principles of ergonomics and how you can implement in your day to day life. What are the modification can be done and how they can manage their posture during their shifts has been discussed, later on nurses asked about low back pain and lower limbs pain due to prolonged standing, speaker gave idea about causative factors of pain and gave advised about modified postural correction to prevent these type of pain along with work station exercises |

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| 21 | Tree plantation at Sate Village (Adopted Village) | Plantation of Mango, Guava, Chiku, Pomegranate, Jamun etc. | NSS Unit, MAEER MIT Pune's Physiotherapy College, Talegaon Dabhade | 18 th June 2024 (To celebrate World Environment Day), 10:00 am to 1:00 pm | Z. P. Primary School campus and Grampanchayat Sate, Tal-Maval | 01 | 15 | NSS Unit, MAEER MIT Pune's Physiotherapy College, Talegaon Dabhade conducted tree plantation on 18 th June 2024 to celebrate World Environment Day. More than 30 plants of different varieties such as Mango, Guava, Pomegranate, Chiku, Jamun etc. Were planted by NSS Volunteers at Z. P. Primary school campus and Grampanchayat Sate village. Mrs. Varsha Navghane, Sarpanch Grampanchayat Sate and other members of Grampanchayat were present to grace the occasion. Sarpanch Sate village assured us to take care of the plants till they grow nicely. Photographs of the event were taken and students returned to college at around 12:30 pm. |
| 22 | NSS Special Camp- 2024 | Free Physiotherapy evaluation and treatment of village people | NSS | 1st Nov. To 7 th July 2024 10:00 am to 2:00 pm | Vitthal Rukmani Mandir, Grampanchayat Navlakh Umbre Tal- Maval, Dist.- Pune | 07 | 25 NSS Volunteer | Self-Financed NSS Unit of MAEER's Physiotherapy College, Talegaon Dabhade conducted NSS special camp from 1 st to 7 th July 2024 at Navlakh Umbre village. A total 25 NSS Volunteers from final year actively participated in this special camp. Prior permission was taken from the Sarpanch of Navlakh Umbre village to conduct NSS special camp. After discussing with other members of Grampanchayat, Sarpanch decided the multipurpose hall of Vitthal Rukmani mandir as venue of the camp. On the first day of the camp, inauguration was done by Mr. Rahul Shete, Vice Sarpanch of Navlakh Umbre. Dr. Nitin Nikhade, NSS Program officer briefed about the Purpose of camp and the benefits of physiotherapy treatment to the villagers. Total 89 patients were evaluated and treated during the special camp by the NSS volunteers. Most of the patients were diagnosed with OA knee, Frozen Shoulder, Mechanical Low back pain, Cervical & Lumbar spondylosis, plantar fasciitis, Diabetes & Hypertension etc. The older individuals were also assessed for functional fitness by using Senior fitness test and exercise prescription was given individually to them. |

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| 23 | Multi-diagnostic health camp at Brahmanwadi | Free Physiotherapy evaluation and treatment of village people | Department of Community Physiotherapy in association with Community Medicine | 19/07/2024 | Zilla parishad school Brahmanwadi 9am to 1pm | 01 | 164 patients | <p>As part of the family adoption programme for batch 2022, a Diagnostic Health camp was arranged in village Brahmanwadi on 19th July 2024 in association with the community medicine department, MIMER Medical College, Talegaon Dabhade.. The focus of the camp was nutrition and screening of diet-related non-communicable diseases. Camp included specialists from Medicine (2) department, Paediatrics (2), Dieticians (1) & community physiotherapists (4), and residents. In this health camp, we have screened for childhood obesity, and obesity evaluation for adolescent girls, boys, and adults too. We arranged a health talk on menstrual hygiene and sanitation for adolescent girls, Dr Ashlesha briefed the need for menstrual hygiene and what are the different measures of sanitation. Doubt-solving session conducted by Dr. Shyamli Kulkarni & Dr. Astha Sharma.</p> <p>A total of 164 patients were screened for obesity. Out of 164 - adult patients 80 and around 80-90 were school-going childrens, 37 school-going childrens are underweight 5 are overweight and obese, remaining 38 students were normal. Considering the adult age group almost all adults are overweight and obese.</p> <p>Along with this obesity screening other health stations were made where blood tests were done and primary medicines were distributed to the people. And few patients were referred to the BSTRH for further investigation.</p> <p>With the great response from brahmanadi, we ended the camp by 1.20 pm.</p> |
| 24 | Guru-pornima Celebration | Students activity | Student council | 19/08/24 | Cardio OPD, MAEERs Physiotherapy college | 01 | 125 | <p>Along with this obesity screening other health stations were made where blood tests were done and primary medicines were distributed to the people. And few patients were referred to the BSTRH for further investigation.</p> <p>With the great response from brahmanadi, we ended the camp by 1.20 pm.</p> |

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| 25 | Breastfeeding week (1 st august to 7 th august) | Health talk | Department of Community Physiotherapy in association with Community Medicine | 01/08/24 | Urban Health Centre, Talegaon Dabhade | 01 | 12 | The Community Physiotherapy Department of MAEER's Physiotherapy college along with Community Medicine Department organized Health talk on the occasion of World Breastfeeding Week on 1 st August 2024. Programme started with an Inauguration, Introductory speech was given by MBBS Intern who talked about why do we celebrate breast feeding week. How we are supposed to make awareness regarding the same. Later on the speech followed by the other student who explained the exclusive breastfeeding and its various uses to mothers and infant. Dr. Sonal Biyani (MPT-2) explained and demonstrated the different positions for breastfeeding such as sidelying, cradle, cross cradle and football positions. Also explained the proper latching method , while latching what should be the position of baby and mother hold. Later on she explained how to express the breast milk and how to store for shorter and longer period . Then the doubt solving session conducted by Dr. Shyamli, in which she gave idea about golden hour breastfeeding. Different cues for babies if they are hungry and understanding the patterns of feeding and if baby is getting proper breast milk and not. |
| 26 | Breastfeeding week | Health talk | Department of Community Physiotherapy in association with Community Medicine | 02/08/24 | Dal Ali, Talegaon Dabhade | 01 | 07 | The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized an Health talk on the occasion of World Breastfeeding Week on 2 nd August 2024. Health talk was given by Dr. Anuja Khadilkar (Staff) and Shivani Shende (Intern) explaining about the importance of breastfeeding and the different positions for breastfeeding such as sidelying, cradle, cross cradle and football positions. Also the proper latching method was explained and demonstrated. Later on how to express the breast milk and how to store it in correct way was explained. Also the ergonomics of breastfeeding was explained. Then the health talk was concluded by giving thank you speech. |

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| 27 | Breastfeeding week | Health talk | Department of Community Physiotherapy in association with Community Medicine | 02/08/24 | Brahminwadi, Talegaon Dabhade | 01 | 15 | The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized an Health talk on the occasion of World Breastfeeding Week on 2 nd August 2024. Health talk was given by Dr. Sonal Biyani (MPT-2) explaining about the importance of breastfeeding and the different positions for breastfeeding such as sidelying, cradle, cross cradle and football positions. Also the proper latching method was explained and demonstrated. Later on how to express the breast milk and how to store it in correct way was explained. Then the health talk was concluded by giving thank you speech. |
| 28 | Breastfeeding week | Health talk | Department of Community Physiotherapy in association with Community Medicine | 03/08/24 | Jijamata Chowk, PHC, Talegaon dabhade | 01 | 11 | The Community Physiotherapy Department of MAEER's Physiotherapy College along with Community Medicine Department organized Health talk on the occasion of World Breastfeeding Week on 3 rd August 2024. Dr. Sayali (MPT1), Shivani Shende (Intern) explaining about the importance of breastfeeding and the different positions for breastfeeding Also, the proper latching method was explained and demonstrated. Later, how to express the breast milk and how to store it in correct way was explained. Also, the ergonomics of breastfeeding was explained. |
| 29 | Bone and Joint Day | Competition of Critical Appraisal of an Article on Bone and Joint Day | MAEER MIT Pune's Physiotherapy College (Dept. of Musculoskeletal physiotherapy). | 4/08/24 | MPT Classroom, 2 nd Floor, MAEER's Physiotherapy College | 1 | 12 MPT students | MAEER MIT PUNE's physiotherapy college Department of Musculoskeletal Physiotherapy Talegaon Dabhade conducted a competition of critical appraisal of an article for postgraduate students on National Bone and Joint Day on 4 th August 2024. All the students were given an article published in the International Journal of Physical Education, Sports, and Health for doing the critical appraisal. Timing of 40 minutes for the competition will be given. A total of 12 participants take part in the competition. All the participants were given certificates for their participation. |

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| 30 | Breastfeeding week | Health talk | Department of Community Physiotherapy in association with Community Medicine | 05/08/24 | Sate Anganwadi, Talegaon | | 23 | The Community Physiotherapy Department of MAEER's Physiotherapy college along with Community Medicine Department of MIMER Medical College organized Health talk on the occasion of World Breastfeeding Week on 5 th August 2024. Health talk was given by Dr.Ashlesha Maam and Dr. Sayali (MPT1) explained about the importance of breastfeeding and the different positions. Also, the proper latching method was explained and demonstrated. Later, how to express the breast milk and how to store it in correct way was explained. Also, the ergonomics of breastfeeding was explained. |
| 31 | Breastfeeding week | Health talk | Department of Community Physiotherapy in association with Community Medicine | 05/08/24 | Sudumbre, RHC, Talegaon | 01 | 12 | The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized Health talk on the occasion of World Breastfeeding Week on 5 th August 2024. Health talk was given by Shivani Shende (Intern) explaining about the importance of breastfeeding and the different positions for breastfeeding such as side lying, cradle, cross cradle and football positions. Also the proper latching method was explained and demonstrated. Later on how to express the breast milk and how to store it in correct way was explained. Also the ergonomics of breastfeeding was explained. Then the health talk was concluded by giving thank you speech. |
| 32 | Breastfeeding week (1 st august to 7 th august) | Health talk | Department of Community Physiotherapy in association with Community Medicine | 07/08/24 | Neelkanth Nagar., Talegaon Dabhade | 01 | 14 | The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized a Health talk on the occasion of World Breastfeeding Week on 7 th August 2024. Health talk was given by Shivani Shende (Intern) explaining about the importance of breastfeeding and the different positions for breastfeeding such as side lying, cradle, cross cradle and football positions. Also, the proper latching method was explained and demonstrated. Later on, how to express the breast milk and how to store it in correct way was explained. Also, the ergonomics of breastfeeding was explained. Then the health talk was concluded by giving thank you speech. |

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| 33 | Industrial visit at Kalyani Maxion Wheels Pvt Ltd., MIDC Chakan | Educational industrial visit for UG and PG students | Department of Community Physiotherapy | 08/08/24 | Kalyani Maxion Wheels Pvt Ltd., MIDC Chakan, Pune | 1 | 45 UG Students, 16 PG Students & 1 Teacher | Dept. of Community Physiotherapy, MAEER's Physiotherapy College, Talegaon Dabhade conducted an Industrial visit for final year B.P.Th and PG students on 8 th August 2024. All 45 UG students and 16 PG students visited the Kalyani Maxion Wheels Pvt. Ltd. Manufacturing unit at MIDC Chakan. A gate pass was taken from the security cabin at the entrance. The stickers were applied to mobile camera as photos were not allowed inside the factory. After reporting to the HR office Mr. Rahul Nimbalkar, Supervisor from the Engineering department accompanied students to show the different manufacturing units of the factory. All the students observed each workstation of various departments and evaluated their work environment, working postures, repetitive activities, and manual material handling by the workers. All the students were asked to score REBA or RULA scales for assessing risk factors of musculoskeletal injuries at each workstation. Then the students were asked to suggest some workstation modifications and workstation exercises for the same. After the visit to the manufacturing and storage unit; students were asked to assemble in the canteen, and tea was served to all the students. At the end, group photographs were taken at the exit gate. |
| 34 | Breastfeeding week | Health talk | Department of Community Physiotherapy in association with Community Medicine | 09/08/24 | Jambhul Anganwadi, Talegaon Dabhade | 01 | 12 | The Community Physiotherapy Department of MAEER's Physiotherapy College along with the Community Medicine Department of MIMER Medical college has organized an Health talk on the occasion of World Breastfeeding Week on 9 th August 2024 in Jambhul Anganvadi. Physio intern and PG demonstrated the different breastfeeding positions & appropriate latching techniques. Later, procedure for expression of breast milk has been explained. How to massage breast prior expressing milk demonstrated on breast model and how to store it in correct way was explained. Also, the ergonomics of breastfeeding was explained. Then the health talk was concluded by giving thank you speech. |

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| 35 | Multispeciality Medical Camp | Multispeciality Medical Camp for the beneficiaries Kamayani's SJUK and Navkshitij | Department of Neuro-Physiotherapy | 09/08/24 | MIMER Medical College and Neuro physiotherapy department of MAEER MIT PUNE'S Physiotherapy College | 01 | 11 | MIMER Medical college and MAEER'S Physiotherapy college had organised a Multispeciality camp for Kamayani's SJUK and Navkshitij on 9 th August 2024. There were 2 PG students appointed for free check up and treatment. Various health conditions were assessed which primary includes Seizures disorder, Hemiplegia, Low back ache, B/L Knee pain , Mental retardation etc. For all conditions demonstration and importance of exercises were explained to the patient individually. Total 11 patients were evaluated and treated by the physiotherapy team. Our team has also referred the patients to the orthotic and prosthetic department. |
| 36 | Educational Visit to Artificial Limb Centre | Educational visit arranged for Final year UG students & 2 nd year PG students | Department of Community Physiotherapy | 22/08/24 | ALC, Wanorie | 01 | 57 | Dept. of Community Physiotherapy, MAEER'S Physiotherapy College, Talegaon Dabhade conducted an Educational visit for final year B.P.Th and PG students on 22 nd August 2024. All 45 UG students and 17 PG students visited the Artificial Limb Centre at Wanorie, Pune. A gate pass was taken from the security cabin at the entrance. After reporting to the office Dr. Neeta Mishra (PT) she took the students to conference hall & gave brief idea about ALC & gave orientation to the students. students were divided into 2 batches. Then we visited orthotic & prosthetic department where she showed all the different types of orthosis & prosthesis along with that she explained in her OPD which orthosis & prosthesis are more preferred and which are biomechanically more convenient. After that they took all the students to workstation area where Mr Rahul sir showed how the measurements are taken, how orthosis & prosthesis are made, how they evaluate for the same. Students visited different workstations and asked their queries to respected workstation in charge. Students visited Gait lab, Dr. nita Mishra demonstrated how they evaluate gait on stabilometry- gait analysis instrument which includes the evaluation of foot pressure, posture & gait. Along with that Inclined parallel bar |

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| | | | | | | | | Instrument seen by the students. Later on Dr. Reddy, Orthotic Surgeon had an interactive session with the all UG & PG students, where they talked about role of physiotherapy in case of amputation & how we should treat patient collaboratively. He asked students regarding ambulation & rehabilitation. He also explained about how they trained the patients for paralympics. |
| 37 | Multidiagnostic Camp (SCSE) | Health check up camp for disabled students | Department of Neuro-Physiotherapy | 30/08/2024 | MAEER MIT Pune's Physiotherapy college (AUDITORIUM) | 01 | Total 3 staff and 32 students | MIMER medical college and Dr BSTRH hospital and the department of Neurophysiotherapy MAEERS MIT Pune Physiotherapy college conducted a multidagnostic camp for disabled children of Sai sevadham society , involving second year mpt students under the guidance from faculty . Brief Assessment of the patient was performed and treatment , awareness and information regarding their current condition as well as their future prognosis was explain to them and their care takers . The patients were given home protocol and referred to neuro-physiotherapy opd.The event were concluded by explaining the importance of regular Physiotherapy rehabilitation . |
| 38 | Teachers day | Cultural programme | Students council | 5-9-2024 | Department of Cardiovascular and Respiratory Physiotherapy OPD | 01 | All students and teachers | The students of 2nd BPTH organised a fun event on occasion of teachers day.they arranged for games and fun activities for teachers. This was followed by cake cutting. All teachers were happy. |
| 39 | Hindi divas | Cultural programme | Cultural committee | 16-9-2024 | MIMER Medical College porch | 01 | All students and teachers | The students of 2 nd BPTH organised a cultural programme on account of Hindi bhasha diwas.. The students gave speech on importance of hindi language and recited hindi poems.it was a great success. |

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| 40 | Onam | Cultural programme | Cultural Committee | 18-9-2024 10-11am | FDPS Lab | 01 | All students and teachers | The students of 2 nd BPT ^h organised a cultural programme on account of Onam festival. Pookalam was made by students. Students performed skit explaining importance of onam. The teachers and students had come in cultural attire. It was a beautiful celebration. |
| 41 | Maha Arogya Shibir | Free health check up and treatment | MIMER Medical College & Dr. BSTR Hospital | 19 th September 2024 TO 28 th September 10:00 am to 5:00 pm | Maval Medical Foundation, Kanhe Phata | 17 | 1000+ | <p>A 10-day free health camp 'MAHA AROGYA SHIBIR' was conducted from 19th September to 28th September 2024 on the occasion of the birthday of Amdaar Shri. Sunil Shelke at Maval Medical Foundation, Kanhe Phata. The camp included all health checkups such as eye, orthopedic, medicine, gynecology, etc. It also included free physiotherapy assessment and treatment for all the patients. First-year and Final-year MPT Students were posted for Maha Arogya Shibir for 10 days. All medications were free and those requiring lumbar belts, braces & knee 17caps were distributed free of cost. The organizers provided breakfast and lunch for all the participants in the camp. More than 1000 patients were evaluated and treated by physiotherapists during the camp. The number of patients treated by physiotherapists is as follows:</p> <p>19/09/24 – 20 Patients 20/09/2024 – 98 Patients 21/09/2024 – 90 Patients 23/09/2024 – 156 Patients 24/09/2024 – 120 Patients 25/09/2024 – 140 Patients 26/09/2024 – 117 Patients</p> |

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| | | | | | | | 27/09/2024 – 108 Patients 28/09/2024 - 160 Patients On the last day of the camp, all the healthcare providers were given certificates and the camp was concluded. | |
| 42 | World Lung Day 2024 | Health talk on importance of Lung health | Department of cardio-respiratory | 26 th September 2024, 2:00 pm to 04:00 pm | CVS OPD, 2 nd floor, MAEER's Physiotherapy College Talegaon Dabhade | 01 | All students & all staff | <p>The Cardiovascular Department of Physiotherapy of MAEER's Physiotherapy College a Health talk on the occasion of World Lung Day on 26st September 2024. Lung Day commenced with . Varoon Sir's insightful speech on lung health. Two team-based games followed, where Students and teachers collaborated, using Straws and balloons to build pyramids and Racing paper cups. Almost all teachers participated, including our beloved Hon.Principal Dr. Snehal Ghodey.</p> <p>Ramya ma'am led a 20-25 minute Meditation session, event ended with an applause.</p> <p>The surprise 'Fishpond' activity allowed Participants to anonymously share humorous Poems and secrets about college life. The Event concluded with Mrunal Dale's thank-you note and Ended with a group photo capturing our enhanced knowledge about our lungs and the adrenaline rush from the activities.</p> |
| 43 | World Elderly Day 2024 | Health talk on importance of exercises in elderly | Community Based Physiotherapy | 1 st October 2024, 11:00 am to 12:00 pm | Urban Health Center | 01 | 26 | The Community Physiotherapy Department of MAEER's Physiotherapy College along with Community Medicine Department organized a Health talk on the occasion of World Elderly Day on 1st October 2024. Health talk was given by an intern of MBBS explaining the diet to be taken in |

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| | | | | | | | | elderly and the importance of proper diet to maintain healthy lifestyle. Then major problems in elderly such as Urinary tract infection, Prostate Cancer and BPH was explained and the care to be taken during this conditions was also explained. Later a PG student of Community Physiotherapy Department Dr.Sonal Biyani (MPT-II) explained the physiological changes occurring during old age and the importance of exercising in elderly. Then an exercise session was also conducted by Dr.Sonal Biyani along with all the delegates. Exercise session included chair suryanamaskar and some stretching exercises. Then the questions of the delegates were answered and program was concluded by a thank you speech. |
| 44 | International day for Older Persons 2024 | Health talk on importance of exercises in elderly | Community Physiotherapy in | 1 st October 2024; 10:00am to 2:00pm | Gurunanak Anand Ashram Kalhat | 17 | 2 STAFF | To celebrate the International Day of Older Persons 2024, the Community department of MAEER MIT Pune's Physiotherapy College, Talegaon Dabhade organized a visit to Gurunanak Anand Ashram, Kalhat on 1 st October 2024. The event began with assessment of elderly followed by the treatment session. The group exercises like Chair Suryanamaskar, general mobility exercises, breathing exercises were conducted for elderly followed by several enjoyable fun activities like musical chair & 1 min games. The event led by Dr. Anuradha Sutar & Dr. Anuja Khadilkar with the support of PG student Dr. Sayali and final year students. |
| 45 | Gandhi Jayanti & Lal Bahadur Shastri Jayanti Celebration 2024 | Speeches & Presentation reflecting on Gandhiji's philosophy of peace Shastriji emphasis on hard work & humility. | NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade in collaboration with MIMER Medical College. | 2 nd October 2024 10:00 am to 12:00 pm | MIMER Medical College Porch | 40 NSS Volunteers | Program Officer: Dr. Nitin Nikhade Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar | On October 2nd, NSS unit in collaboration with MIMER Medical College unit MAEERs MIT PUNE's Physiotherapy College commemorated the birth anniversaries of two prominent leaders of India: Mahatma Gandhi and Lal Bahadur Shastri. The celebrations aimed to honor their contributions to the nation and inspire students with their values of non-violence, integrity, and leadership. The event commenced with a prayer and the lighting of the lamp, by Dr Sandhya Ma'am, Principal MIMER Medical College, Dr Darpan Maheshwari, Medical superintendent, Dr Gopalghare, and Dr R P Gupta Professor Emirates. A floral tribute was paid to the portraits of Gandhi and Shastri, highlighting their significant roles in India's struggle for independence. Students participated in various activities, |

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| | | | | | | | including speeches and presentations, reflecting on Gandhi's philosophy of peace and Shastri's emphasis on hard work and humility. Dr Sandhya Kulkarni ma'am and R P Gupta sir shared Notable quotes from both leaders, encouraging students to embody their ideals in daily life. The celebration concluded with a geo tagged photos and pledge taken by all attendees to follow the principles of truth, non-violence, and service to the community, echoing the legacies of these great leaders. |
| 46 | World Cerebral Palsy Day | 1.Release of Documentary made on CP children and importance of physiotherapy 2. Lecture on various schemes and education polices implemented by Government of India and BSTRH for Divyanga children | Department of Neuro physiotherapy | 7 th October 2024 | Sushrut Hall ,MAEER MIT PUNE'S Physiotherapy college Talegaon Dabhade | 01 | 20 Divyanga children with their parents Keeping in mind the theme #uniquelyCP neurophysiotherapy department celebrated CP day by having 2 lectures, "Educational Opportunities for CP children" delivered by Mr Prakash Dhupal, Administrative in-charge Jai Vakeel school for special children who stressed the importance of education and the government schemes available for the same. Dr Daran Maheshgouri medical superintendent of BSTRH gave an insight on various schemes and facilities available in the hospital for benefit of CP children and encouraged the parents to take benefit of the same. A documentary showing importance of physiotherapy in CP children was made in collaboration with academic club "Kinetic Minds" and was released on the occasion. The program ended with gift distribution amongst the children. Parents gave a positive feedback about the physiotherapy treatment received by them.20-25chidren along with their parents enjoyed the program |

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| 47 | Swachhta Hi Sewa Abhiyan-2024 | Collection of plastic & other waste from MIMER Medical College Gate to Talegaon Railway station area | NSS Unit of MAEER's Physiotherapy College, Talegaon Dabhade | 10 th October 2024 10:00 am to 1:00 pm | MIMER Medical College Gate to Talegaon Railway Station Area | 01 | Program Officer: Dr. Nitin Nikhade Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar | NSS Unit of MAEER's Physiotherapy College conducted Swachhta Hi Sewa Abhiyan-2024 activity on 10 th October 2024 to celebrate Gandhi Jayanti Swachhata Pandharwada. Total 26 NSS Volunteers participated in this activity. All the NSS volunteers collected plastic and other waste and cleaned MIMER Medical College main gate to Talegaon Railway Station area. The plastic & other waste is collected in eight large-size garbage bags. Around 40 to 45 Kgs waste was properly disposed in the Municipality waste collection container. After the activity refreshment juice were provided to NSS Volunteers. |
| 48 | World Obesity Awareness Week 2024 Breast Cancer Awareness Month 2024 | Health talk on importance of exercise in day to day life | MAEERs Physiotherapy college in association with MIMER Medical College | 15 th October 2024; 10:00 am to 1:00pm | Rural Health Care Centre, Sudumbare | 01 | 1 STAFF 1 STUDENT | On occasion of World Obesity Awareness Week 2024 and Breast Cancer Awareness Month 2024, a health talk & multi-diagnostic camp were held at RHTC Sudumbare. The camp involved patients with conditions such as frozen shoulder, low back pain, etc. and the appropriate management for the same was given. Dr. Sonal, a 2 nd year MPT student delivered a talk on risk factors & complications due to obesity. Dr. Anuja Khadilkar gave health talk on management of obesity & self-examination of breasts. Additionally, a dietician gave a health talk on diet modifications for obesity. The event was concluded with a doubt-clearing session led by Dr. Anuja Khadilkar. |
| 49 | World Obesity Awareness Week 2024 Breast Cancer Awareness Month 2024 | Health talk on importance of exercise in day to day life | MAEERs Physiotherapy college in association with MIMER Medical College | 15 th October 2024; 10:00 am to 1:00pm | Urban Health Care Centre, Sudumbare | 01 | 1 Staff 1 Student | On occasion of World Obesity Awareness Week 2024 and Breast Cancer Awareness Month 2024, a health talk & multi-diagnostic camp were held at UHTC. Prior to the camp Health talk were given by different faculty, topic were about role of diet to reduce obesity by Dietician/Nutritionist after that DR. Shyamli gave speech about importance of exercise in day to day life. & how physical activity can improve your lifestyle. Dr Ojas (surgeon) delivered a speech on risk factors of breast issues self examination & management for the same. The camp involved patients with conditions such as frozen shoulder, low back pain, etc. and the appropriate management for the same was given. |

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| 50 | Educational Visit to Cipla Palliative Care & Training Centre | | MAEERs Physiotherapy college | 10/11/2024 | Warje, Pune | 01 | Staff of Cipla Palliative Care & Training Centre | On Occasion of World Lung Day, Department of Cardiovascular & Respiratory Physiotherapy had organized a Educational visit for Post Graduate students. Total 28 Post Graduate students and 3 Faculty participated in the visit. |
| 51 | Guru nanak jayanti | Cultural programme | Annual events Committee | 15th November 2024 | Medical College building porch | 01 | Students and teachers | This day was celebrated to commemorate the birth anniversary of Guru Nanak Devji by the students and teachers of MAEER MIT Pune Physiotherapy College in association with MIMER Medical College and MAEER MIT Pune's Nursing College Under the guidance of Dr Tanpreet Kaur mehata and with permission of Dr Snehal Ghodey maam.. Dr Tanpreet gave a speech on the importance of this day and teachings of Guru Nanak Devji followed by a prayer. This event instilled a sense of peace amongst everyone. Dr Ashima and Dr Navneet also gave speech on the teachings of Guru Nanak ji followed by distribution of khada Prasad. |
| 52 | Mult diagnostic camp -special health checkup in collaboration with Deepak foundation for rural people, children and senior citizens of village brahmanwadi. | Assessing patient, diagnosing their condition and providing proper treatment to them. | Community Physiotherapy | 9 TH DECEMBER 2024, 10:00 am to 3:30 pm | Brahmanwadi | 01 | 33 | The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized "SPECIAL HEALTH CHECKUP CAMP" In collaboration with Deepak Foundation on 9 TH DECEMBER 2024. In Brahmanwadi village. When we arrived at the camp, each specialty, including orthopedics, pediatrics, ophthalmology, and physiotherapy, was assigned to its respective section, and the health checkup camp began.pDuring the Multi-Diagnostic Camp, Dr. Shivani (MPT 1) conducted thorough assessments, diagnosed the patients' conditions, and provided appropriate treatment. She offered detailed education on physiotherapy, emphasizing the importance of understanding individual health |

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| | | | | | | | | conditions. Dr. Shivani also provided ergonomic advice tailored to the patients' needs and guided them on the significance of daily exercises for overall well-being. Additionally, she educated patients on postural corrections to improve their long-term health. Through these interventions, Dr. Shivani aimed to empower the patients with knowledge and practical solutions to manage their health effectively and prevent future complications. |
| 53 | Mult diagnostic camp -special health checkup in collaboration with Deepak foundation for rural people, children and senior citizens of village Sate. | Assessing patient, diagnosing their condition and providing proper treatment to them. | Community Physiotherapy | 10 TH DECEMBER 2024, 10:00 am to 3:30 pm | Sate | 01 | 33 | The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized "SPECIAL HEALTH CHECKUP CAMP" In collaboration with Deepak Foundation on 9 TH DECEMBER 2024. In Sate village. When we arrived at the camp, each specialty, including orthopedics, pediatrics, ophthalmology, and physiotherapy, was assigned to its respective section, and the health checkup camp began. During the Multi-Diagnostic Camp, Dr. Janhavi (MPT 1) conducted thorough assessments, diagnosed the patients' conditions, and provided appropriate treatment. She offered detailed education on physiotherapy, emphasizing the importance of understanding individual health conditions. Dr. Janhavi also provided ergonomic advice tailored to the patients' needs and guided them on the significance of daily exercises for overall well-being. Additionally, she educated patients on postural corrections to improve their long-term health. Through these interventions, Dr. Janhavi aimed to empower the patients with knowledge and practical solutions to manage their health effectively and prevent future complications. |

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| 54 | CME on Gait Analysis and Foot Pressure Analysis | CME | Musculoskeletal physiotherapy | 25/12/2024 from 2 pm to 4 pm | MAEER MIT Pune's Physiotherapy College (Dept. of Musculoskeletal physiotherapy). | -- | 80 | MAEER MIT PUNE's Physiotherapy college Department of Musculoskeletal Physiotherapy Talegaon Dabhade had conducted CME on Gait Analysis and Foot Pressure Analysis "by Deepali Kant orthotics and prosthetics consultant at Mahavir Enterprises on 25 th December 2024. The program started at 2 pm with introductory speech by Dr Snehlata Tembhurne. Dr Neetu Mahapatra felicitated Deepali Kant madam (Resource person) and Dr Salil Jain (Esteemed Guest). Deepali Kant explained foot pressure analysis methods and 2D gait analysis using reflective markers with demonstration followed by question – answer session. The program ended with vote of thanks. |
| 55 | Christmas day celebration | Cultural programme | Student council | 25th November 2025 | Medical College building porch | 01 | Students and teachers | The students council of MAEER MIT Punes's Physiotherapy college in association with MAEER MIT Pune's MIMER Medical College and Dr. BSTR Hospital organised a program to celebrate Christmas. The students of 1 st year BPTH students performed carol singing and audience joined for it. Then a speech regarding significance of celebrating Christmas was given by 1 st year MBBS student and the program was concluded. |
| 56 | ALUMNI ASSOCIATION GUEST LECTURE on "Advance Technology in Neuro - Rehabilitation" by Dr. Ananvi Bhatia | Guest lecture with PPT Presentation and Question /Answer Session along with Online for alumni via zoom | Alumni Association of MAEER MIT PUNE's Physiotherapy College Talegaon Dabhade | 30th Decemeber 2024 | Hybrid mode Offline – Sushrut hall 1st floor OPD complex Online – Zoom Platform | 1 | 111 | The Guest lecture was organized on 30th December 2024 from 2:30 pm onwards. The ZOOM link was shared with the Alumnus along with the flyer. The Alumni association activity was started with welcome by Dr Sumitra Sakhawalkar, member Alumni Association giving a brief Outline about the formation of Alumni Association and its activities of the past 2 years and about the Alumni meet organized in 2019. Then Dr Bindu Sarfare Member Secretary Alumni Association introduced the speaker for the Guest lecture |

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| | | | | | | | <p>our own Alumna Dr Aanavi Bhatia.Dr. Neetu Mahapatra felicitate Dr Ananvi . Dr Ananvi introduced the students to the world of advanced robotic devices with evidence-based technology used in Neuro physiotherapy for rehabilitation. The audience were shown Case based patient specific Robotic devices. Different advanced machinery that can be used for assessments and treatment of upper limb, hand, gait training, balance etc. Both the advantages and disadvantages of conventional versus robotic devices were highlighted. The students benefitted from this educational session and were highly motivated to embrace technology along with Neurophysiotherapy and make patients independent and functionally active.This was followed by Question Answer session with Dr Aanavi clearing the doubts of young physiotherapy students. Vote of thanks given by Dr Anuja Khadilkar</p> |
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CME/ Workshop by different departments of Physiotherapy

| Sr No | Name Of the Workshop | Resource person | Organizing Dept. | Date and Time | Venue | Local/State/National/International | No of days | No Of Participants | A brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions) |
|-------|-------------------------------|---|--|---|--|------------------------------------|------------|--------------------|--|
| 1. | World Tuberculosis Day | Informative Lecture Topic: Prevention of Tuberculosis | Department of Cardiovascular and Respiratory Physiotherapy in association with the Department of Pulmonology | 28/03/2024 Thursday 11:00am to 12:00 noon | Sushrut hall, 1 st floor, Dr BSTR Hospital OPD building | Local | 01 | 63 | On account of World tuberculosis day, the department of Cardiovascular and Respiratory Physiotherapy organized an informative lecture on prevention and cure of Tuberculosis. Dr Nitin Gaikwad (Deputy Medical Superintendent, Professor & HOD) and Dr Sandhya (Consultant, Dept of Pulmonology) delivered lecture on adherence to DOTS and importance of cough etiquettes in India. Dr Ramya Shetty coordinated the event under the supervision of Dr Snehal Ghodey (Principal) and Dr Varoon Jaiswal (Professor & HOD) |
| 2. | Research methodology workshop | D.R.Basnar S.L.Jadhav Dr.Yogini Kulkarni Dr.Madhura Ashturkar Dr. D.B Gopalghare Dr.Swati Raje | | 06/03/24 To 08/03/24 | MIMER MEDICAL COLLEGE TALEGAON DABHADE | LOCAL | 03 | 29 | Reserch bmethodology workshop was arranged for PG students. Total 6 resourse person conducted the workshop. according to the curriculum of the workshop, pre and post test contained 30 MCQ questions. Average percent score of the pre-test was 36 percent Average % score of the post-test was 62 percent resulting into 26 % positive change in the scores. Lectures and group activities were conducted on Study designs, Critical analysis of journal article and ethical issues in research was very informative. The Literature search and Open epi software was best part in this workshop. Group activities were interactive and nicely conducted. |

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| 3 | Basic Life Support | Dr. Shilpa Gurav (Dept Anesthesia) | Department of Cardiovascular and Respiratory Physiotherapy | 26/04/2024 | Skill lab 3 rd FLOOR, MIMER Medical College, Talegaon Dabhade | Local | 01 | 48 | |
| 4 | Workshop on Certified Antenatal & postnatal Exercise Specialist | Dr. Shagufta Parveen | Department of Community Physiotherapy | 12/07/2024 To 13/07/2024 | MEU Hall 4 th FLOOR, MIMER Medical College, Talegaon Dabhade | State | 02 | 30 | Certified Antenatal & postnatal Exercise Specialist workshop for 2 days arranged by MAEERs Physiotherapy College, for PG students & clinical practitioner. Workshop started with the introductory speech by Dr. Anuja & Dr. Shyamli, then Dr. shagufta started the theoretical part of workshop basic information regarding ANC & PNC and later on started with the demonstration of exercises performed according to the trimester along with biomechanical alteration & clinical implication of those exercises. Day 2 started with the topic like diastasis recti management & labor coping strategies. In between the whole workshop exercises performed on patients & patient centered approach, case study & quick doubt sessions conducted. |
| 5 | Clinical Neurodynamic Solutions – Upper & Lower Quarter Workshop | Dr Kiran Challagundla PT (M. Ortho, Sports & Manual PT Australia) | Musculoskeletal Physiotherapy | 19 th to 22 nd September 2024 9 am to 5 pm | Kinesiotherapy & Physical Diagnosis Lab, 2 nd floor, OPD building, MAEER MIT Pune's Physiotherapy College, Talegaon Dabhade | International hands-on workshop | 04 | 28 | Workshop resource person, Dr Kiran Challagundla PT (M. Ortho, Sports & Manual PT Australia) is the only Asian International Certified Course Instructor for NDS, Australia. Workshop consisted of hands-on practice of Neurodynamic assessment and management according to M. Shacklock school of thoughts for different conditions like Piriformis Syndrome, Carpal Tunnel Syndrome, Sciatica, Cervical and Lumbar Radiculopathy, etc. |

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| 6 | Basic PNF Workshop | Dr. Harpreet Singh | Department Of Neuro physiotherapy | 28 th & 29 th September | Skill Lab, 3 rd Floor, Mimer Medical College, Talegaon Dabhade | State | 02 | 33 | Pnf Workshop conducted for 2 days on 1 st day programme started with theory session followed by practical session . on day 2 students were divided into 5 groups and they were encourage to perform different techniques on each other and understand the concept. Different brain storming activities given to each group. |
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Geo tagged photos:

SAVITRBAI PHULE JAYANTI:



NATIONAL VOTERS DAY:



NATIONAL REPUBLIC DAY:



WORLD CANCER AWARENESS DAY:



WORLD OBESITY DAY:



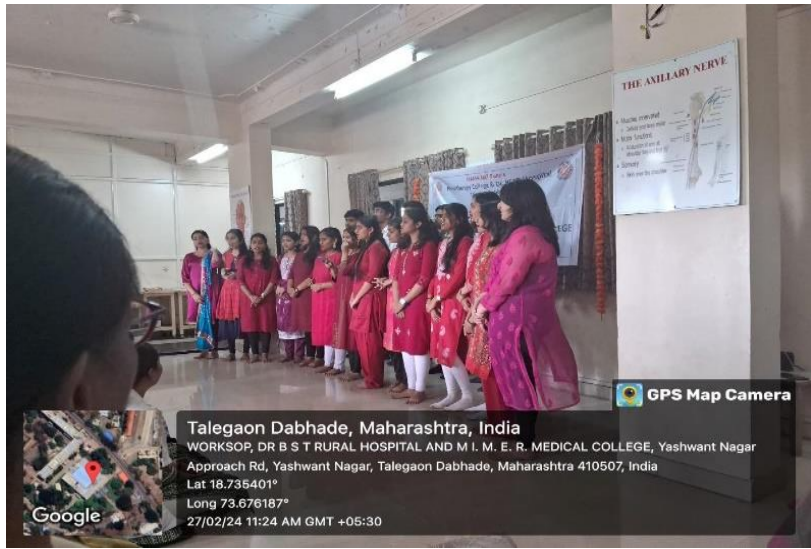


CHHATRAPATI SHIVAJI MAHARAJ JAYANTI:



MARATHI BHASHA DIVAS:





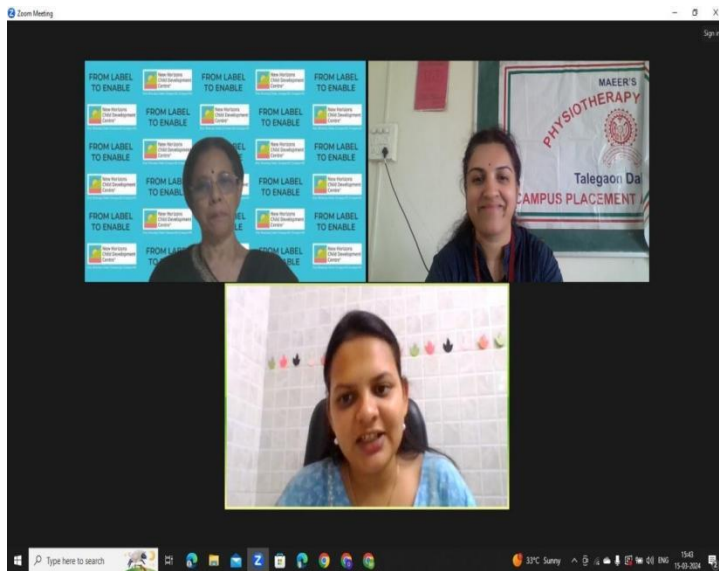
SNEH PAEDIATRIC REHABILITATION:



NEW HORIZON:



HEALYOS HOME CARE:



DISABILITY DAY:



Talegaon Dabhade, Maharashtra, India
DR B S T RURAL HOSPITAL AND M. E. R. MEDICAL COLLEGE, 8, Yashwant
Nagar Approach Rd, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.735353°
Long 73.675936°
20/02/24 01:16 PM GMT +05:30

PINKATHON:



PARKINSONS DAY



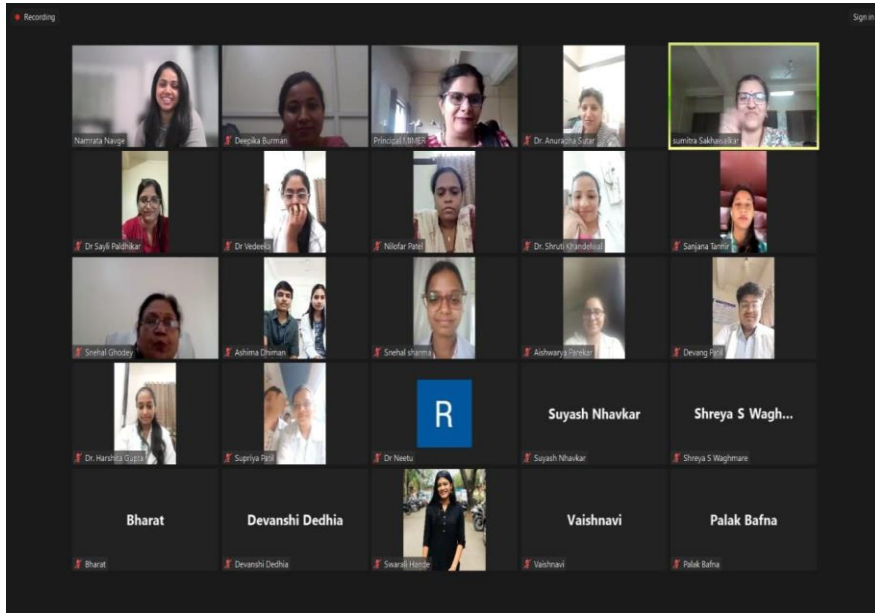
INTERNATIONAL YOGA DAY (AT UHC)



International Yoga Day (at RHC)



ALUMINI ACTIVITY



Recording

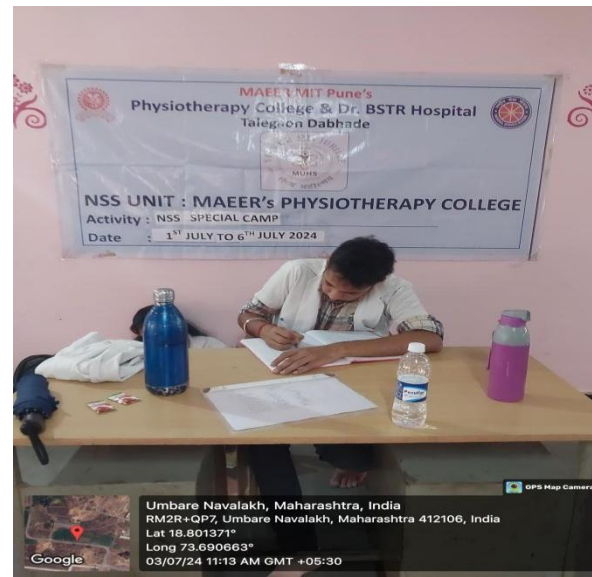
Different Career Trajectories

| | MHA | MPH | Healthcare Policy | Health Economics |
|------------------------|---|---|--|--|
| Definition | Understanding complex managerial and operational challenges of running healthcare organizations | Study evidence-based approaches to raising public awareness about health problems that affect the health and wellbeing of communities | Development of successful policies at several governmental levels that determine how people access and receive medical care | Use of history to produce and improve or optimize industrial health care |
| Skills | <ul style="list-style-type: none"> Organizational design Finance Health Law HR Strategic planning Operational & Quality Management | <ul style="list-style-type: none"> Health System Understanding Public Health System Biostatistics SDOH Epidemiology Environmental Health Population Health | <ul style="list-style-type: none"> Critical Thinking Public policy Strategic Planning & execution Quantitative & Qualitative analytical skills sets Healthcare Law Economics Cost-Benefit Analysis Analytical modeling Behavioral Economics | <ul style="list-style-type: none"> Advanced Data Analytics Databases Cloud Computing Big Data Data Mining Data Engineering |
| Job Market and Sectors | <ul style="list-style-type: none"> Hospital Administration Hospital C-suite Group Practice Management (Physician, Dental, or Physical Therapy) Health Insurance administrator Health network administrator Consulting | <ul style="list-style-type: none"> Health Administration Health Educator Epidemiology Population Health Management Research Co-ordination Public Health Analyst Consulting | <ul style="list-style-type: none"> Government Policy & Lobbying Medical Policy & Medical Affairs Health Equity Public Affairs Regulatory Affairs Strategy & Business Development Policy Consulting Business & Competitive Intelligence | <ul style="list-style-type: none"> Information Systems Medical Data Science Data Analytics Business Intelligence Competitive Intelligence |

SHIVRAJYABHISHEK



NSS SPECIAL CAMP – NAVLAKH UMBRE



MULTISPECIALITY MEDICAL CAMP AT KAMAYANI



BONE AND JOINT DAY



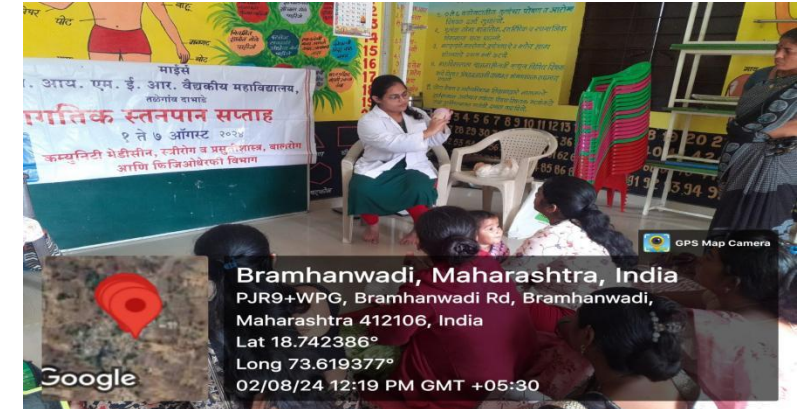
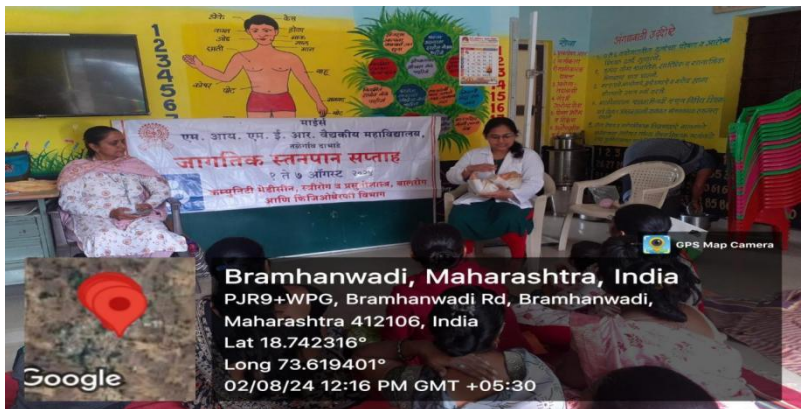
BREASTFEEDING WEEK AT UHC (1ST AUGUST)



BREASTFEEDING WEEK AT DAL ALI (2ND AUGUST)



BREASTFEEDING WEEK AT BRAHMANWADI (2ND AUGUST)



BREASTFEEDING WEEK AT JIJAMATA CHOWK (3RD AUGUST)



BREASTFEEDING WEEK AT SATE (5TH AUGUST)



BREASTFEEDING WEEK AT ANGANWADI NO 3 GANESH NAGAR SUDUMBRE (5TH AUGUST)



BREASTFEEDING WEEK AT DABHADE ALI (5TH AUGUST)



BREASTFEEDING WEEK AT CHIKHSALE (6TH AUGUST)



BREASTFEEDING WEEK AT MARUTI NAGAR (7TH AUGUST)



BREASTFEEDING WEEK AT MARUTI NAGAR (8TH AUGUST)



BREASTFEEDING WEEK AT MOHITEWADI (8TH AUGUST)



BREASTFEEDING WEEK AT AHIRWADI (8TH AUGUST)



Ahirwade, Maharashtra, India
 PHPJ+JQX, Ahirwade, Maharashtra 412106, India
 Lat 18.736819°
 Long 73.58189°
 08/08/24 11:48 AM GMT +05:30



Ahirwade, Maharashtra, India
 PHPJ+RX4, Ahirwade, Maharashtra 412106, India
 Lat 18.737093°
 Long 73.58221°
 08/08/24 11:52 AM GMT +05:30

BREASTFEEDING WEEK AT JAMBHUL (9TH AUGUST)



Jambhul, Maharashtra, India
 QJ68+J26, Jambhul, Maharashtra 412106, India
 Lat 18.761203°
 Long 73.614774°
 09/08/24 11:33 AM GMT +05:30



Jambhul, Maharashtra, India
 QJ67+WP5, Jambhul, Maharashtra 412106, India
 Lat 18.762114°
 Long 73.614298°
 09/08/24 11:45 AM GMT +05:30

INDUSTRIAL VISIT AT KALYANI MAXION WHEELS



Kuruli, Maharashtra, India
Gat No. 635, At Post - Kuruli Chakan, Taluka - Khed, Alandi Fata, Kuruli, Maharashtra 410501, India
Lat 18.723113°
Long 73.85192°
08/08/24 12:44 PM GMT +05:30

ARTIFICIAL LIMB VISIT AT WANORIE



Pune, Maharashtra, India
A.L.C., Pune Cantonment, Pune, Maharashtra 411040, India
Lat 18.503165°
Long 73.887301°
22/08/24 01:28 PM GMT +05:30



Pune, Maharashtra, India
A.L.C., Pune Cantonment, Pune, Maharashtra 411040, India
Lat 18.503803°
Long 73.887647°
22/08/24 11:58 AM GMT +05:30

MULTIDIAGNOSTIC CAMP (SCSE)



ONAM



HINDI BHASHA DIWAS

MAHA AROGYA SHIBIR- SEPT 2024



GPS Map Camera
Kanhe, Maharashtra, India
QH5V+3JR, Kanhe, Maharashtra 412106, India
Lat 18.757738°
Long 73.593921°
20/09/24 11:36 AM GMT +05:30



GPS Map Camera
Kanhe, Maharashtra, India
Creative vision 3D Office No.-01, 1st Floor Akshay City, At Kanhe Phakta, Old Mumbai - Pune Hwy, Kanhe, Maharashtra 412106, India
Lat 18.758469°
Long 73.594562°
24/09/24 11:14 AM GMT +05:30



WORLD LUNG DAY



GPS Map Camera
Kanhe, Maharashtra, India
QH5V+3JR, Kanhe, Maharashtra 412106, India
Lat 18.758046°
Long 73.593917°
25/09/24 09:59 AM GMT +05:30



GPS Map Camera
Talegaon Dabhade, MH, India
Yashwant Nagar, Talegaon Dabhade, 410507, MH, India
Lat 18.735321, Long 73.675857
09/26/2024 02:30 PM GMT+05:30
Note : Captured by GPS Map Camera



GPS Map Camera
Talegaon Dabhade, Maharashtra, India
Swarnikunj Apartment, 3, Hospital Colony, Omkar Nagar, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.734321°
Long 73.678822°
20/09/24 03:58 PM GMT +05:30

INTERNATIONAL DAY OF OLDER PERSON 2024



SWACHHATA HI SEVA



GANDHI JAYANTI & LAL BAHADUR SHASTRI JAYANTI CELEBRATION



INTERNATIONAL DAY FOR OLDER PERSONS 2024 (AT GURUNANAK ANAND ASHRAM KALHAT)



WORLD OBESITY AWARENESS WEEK 2024/ BREAST CANCER AWARENESS MONTH 2024 (AT RHTC SUDUMBARE)





EDUCATIONAL VISIT TO CIPLA



WORLD CP DAY 2024



GURU NANAK JAYANTI



MULTI- DIAGNOSTIC CAMP AT BRAHMANWADI VILLAGE



MULTI DIAGNOSTIC CAMP AT SATE VILLAGE



CME & WORKSHOPS 2024

CME ON WORLD TUBERCULOSIS DAY:



RESEARCH METHODOLOGY WORKSHOP:

BASIC LIFE SUPPORT WORKSHOP 24:



CAPES WORKSHOP 2024:

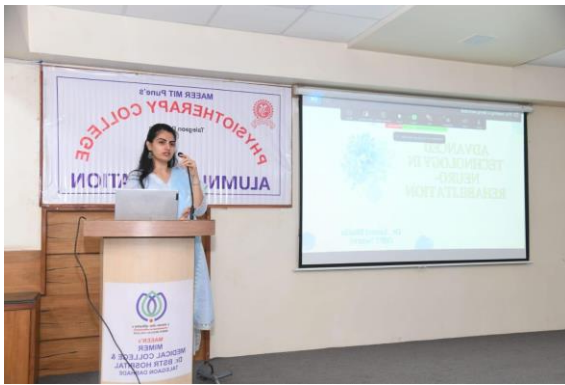
NDS WORKSHOP 2024:



CME ON GAIT ANALYSIS



ALUMINI ACTIVITY:



CRISTMAS CELEBRATION:

